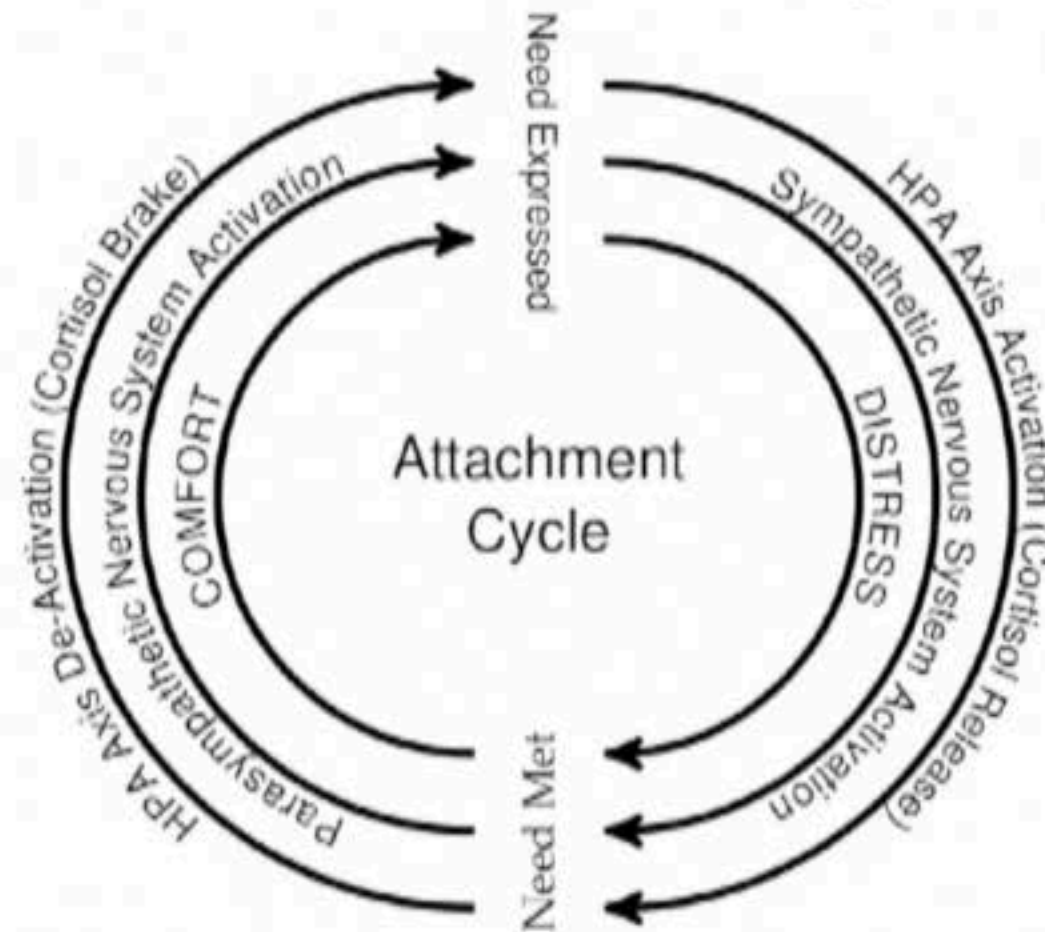




What Does It Mean to Be Connected?



Attachment Cycle

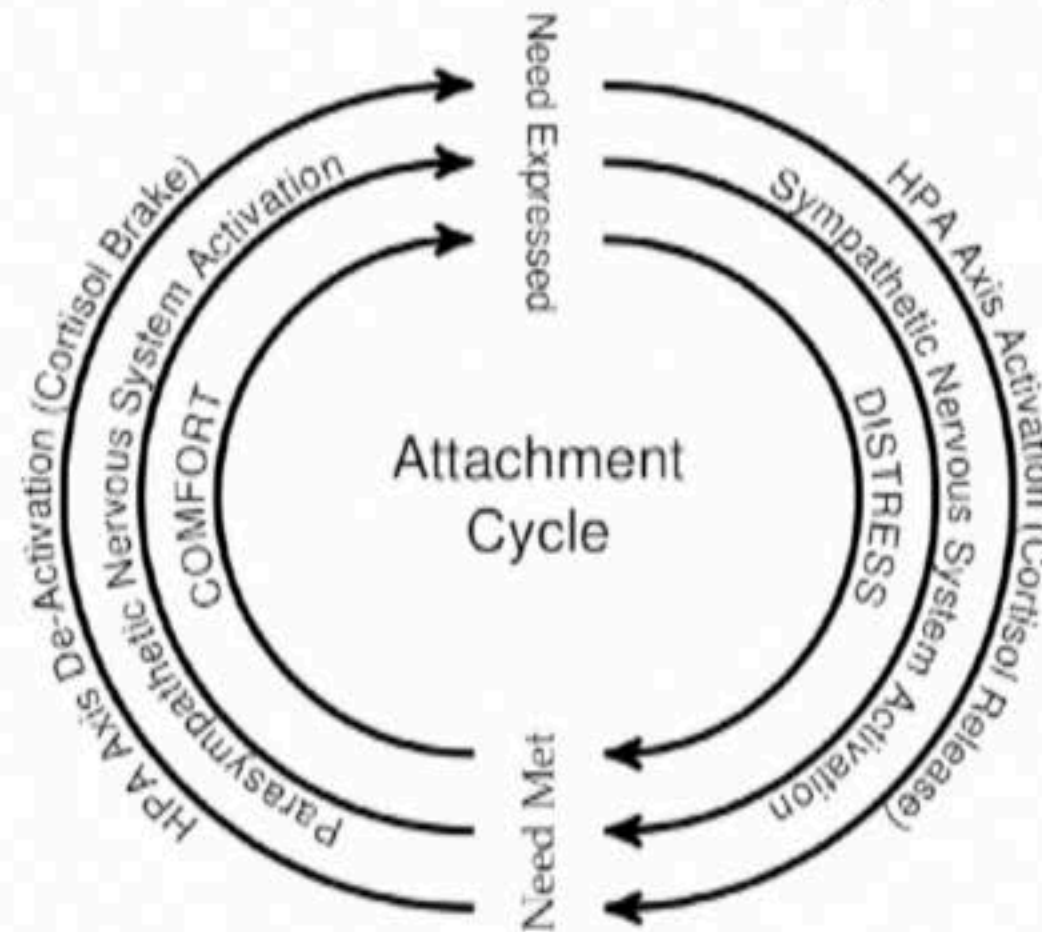




Attachment Cycle

COMFORT
Calm
Relax
Coo
Play
Deactivate Nervous System
Safety

TRUST
SELF-WORTH
SELF-EFFICACY
SELF-REGULATION
MENTAL HEALTH





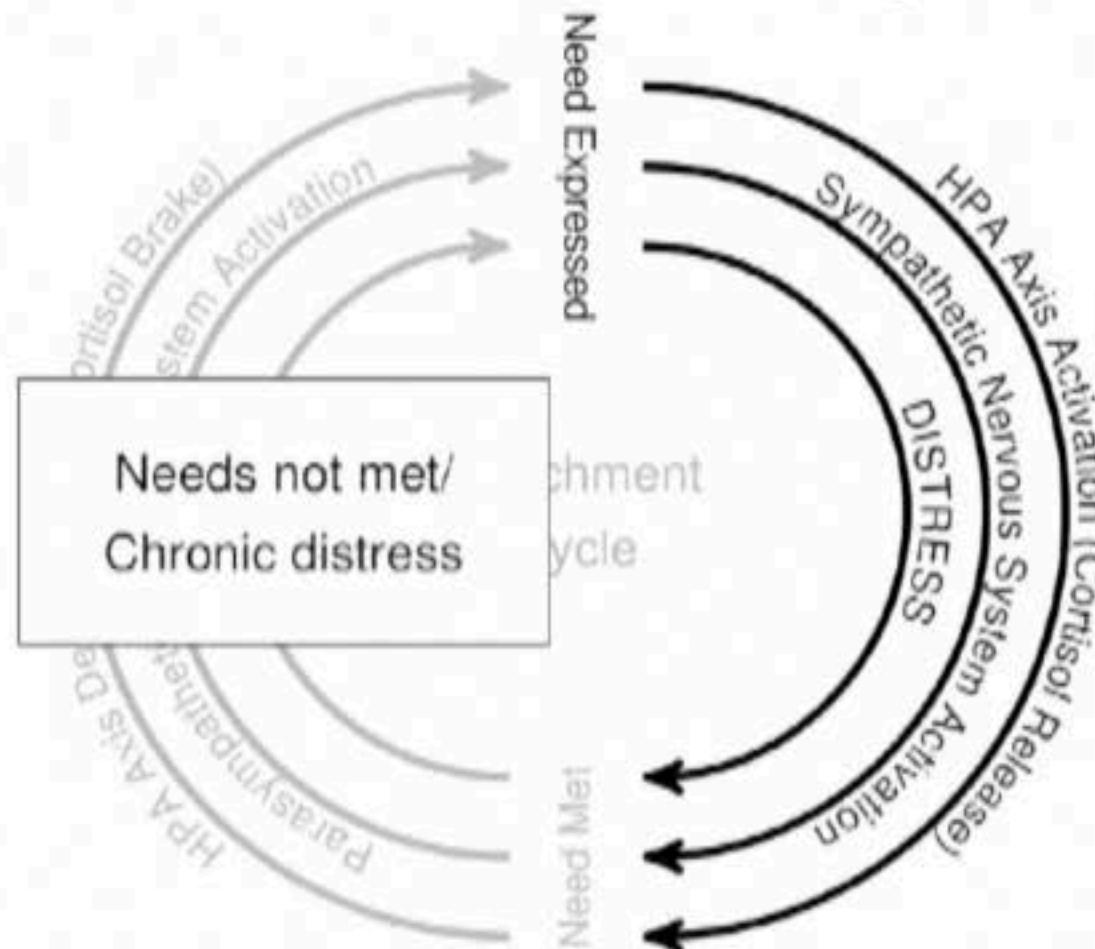
Attachment Cycle

COMFORT
Calm
Relax
Coo
Play
Deactivate Nervous System
Safety

TRUST
SELF-WORTH
SELF-EFFICACY
SELF-REGULATION
MENTAL HEALTH

DISTRESS
Crying
Red Face
Tense
Tears
Screaming
Whining
Activated Nervous System
Fight/Flight/Freeze

VOICE

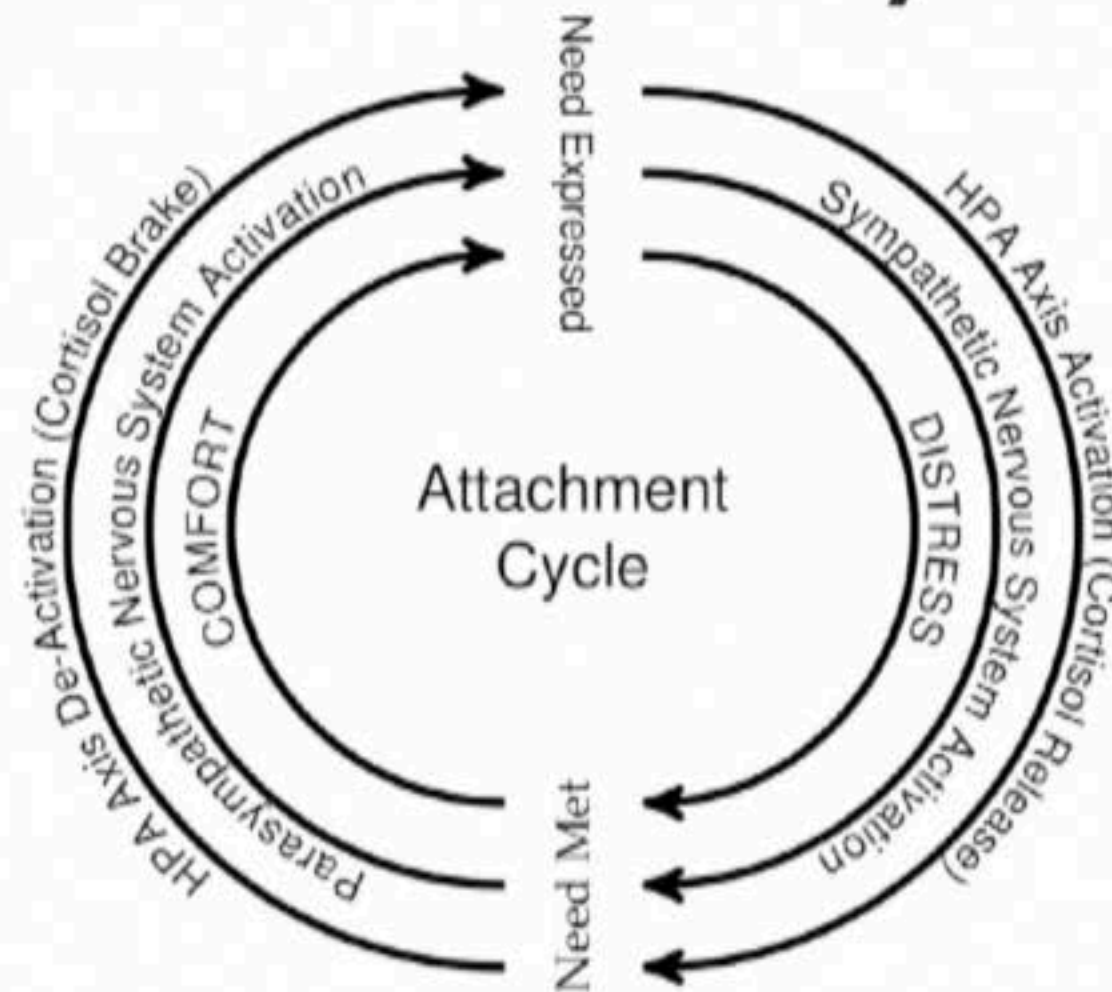




Attachment Cycle

COMFORT
Calm
Relax
Coo
Play
Deactivate Nervous System
Safety

TRUST
SELF-WORTH
SELF-EFFICACY
SELF-REGULATION
MENTAL HEALTH



DISTRESS
Crying
Red Face
Tense
Tears
Screaming
Whining
Activated Nervous System
Fight/Flight/Freeze

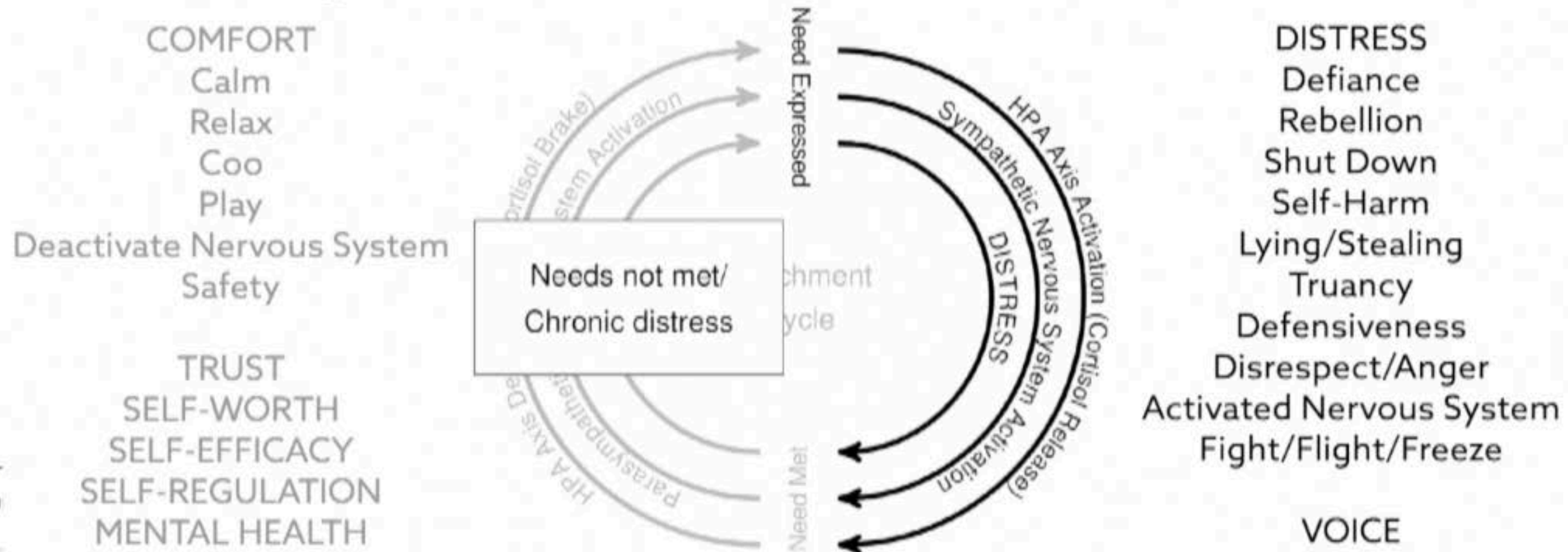
VOICE



Attachment Is Repaired by Recovering the "Yes."

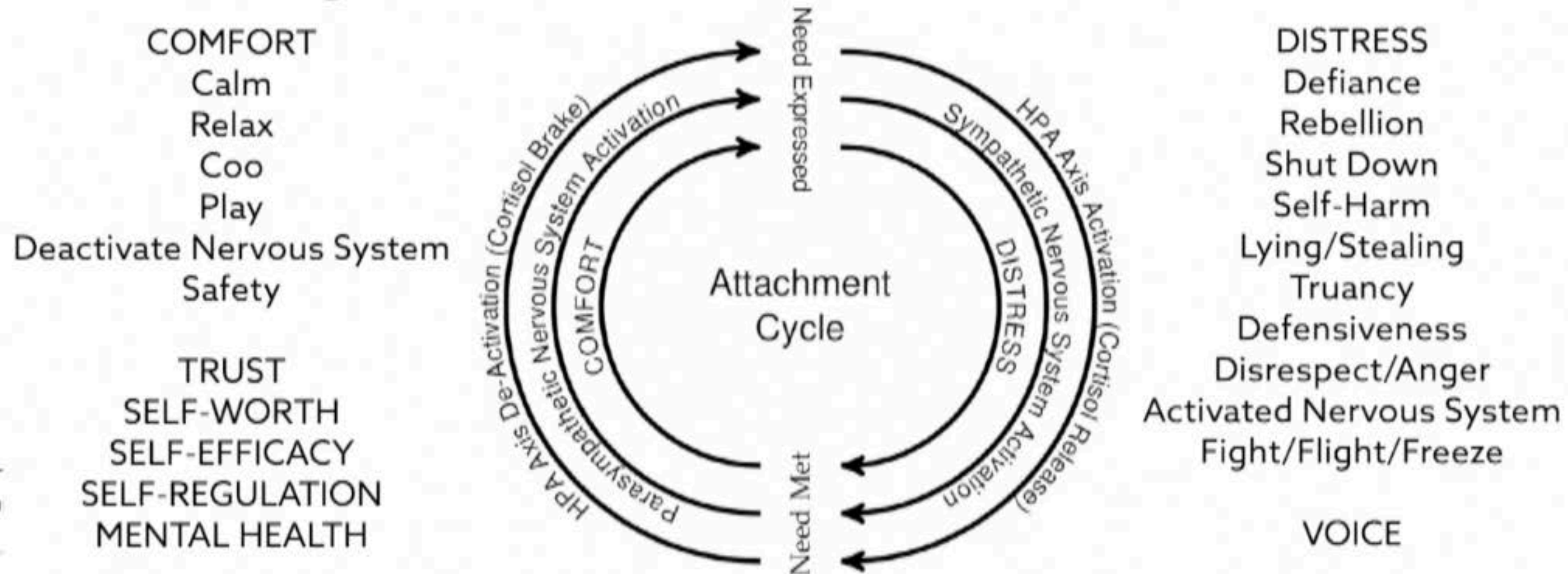


Disorganized Attachment: Older Child





Disorganized Attachment: Older Child





They're Not Looking for Attention; They're Looking for Connection



TBRI Engagement Strategies

BEHAVIOR MATCHING
VOICE QUALITY
HEALTHY TOUCH
VALUING EYE CONTACT
PLAYFUL ENGAGEMENT



Behavior Matching

IMITATION IS THE SINCEREST FORM OF FLATTERY.



Voice Quality

"BE CURIOUS, NOT JUDGMENTAL."

— Ted Lasso



Healthy Touch

IF OUR KIDS DO NOT GET TOUCH IN HEALTHY WAYS,
THEY WILL SEEK IT IN UNHEALTHY WAYS.



Valuing Eye Contact

REFLECT THEIR PRECIOUSNESS



Playful Engagement



**"Every kid needs at least one adult
who is crazy about him."**

— Bronfenbrenner



Attachment Is a Dance.

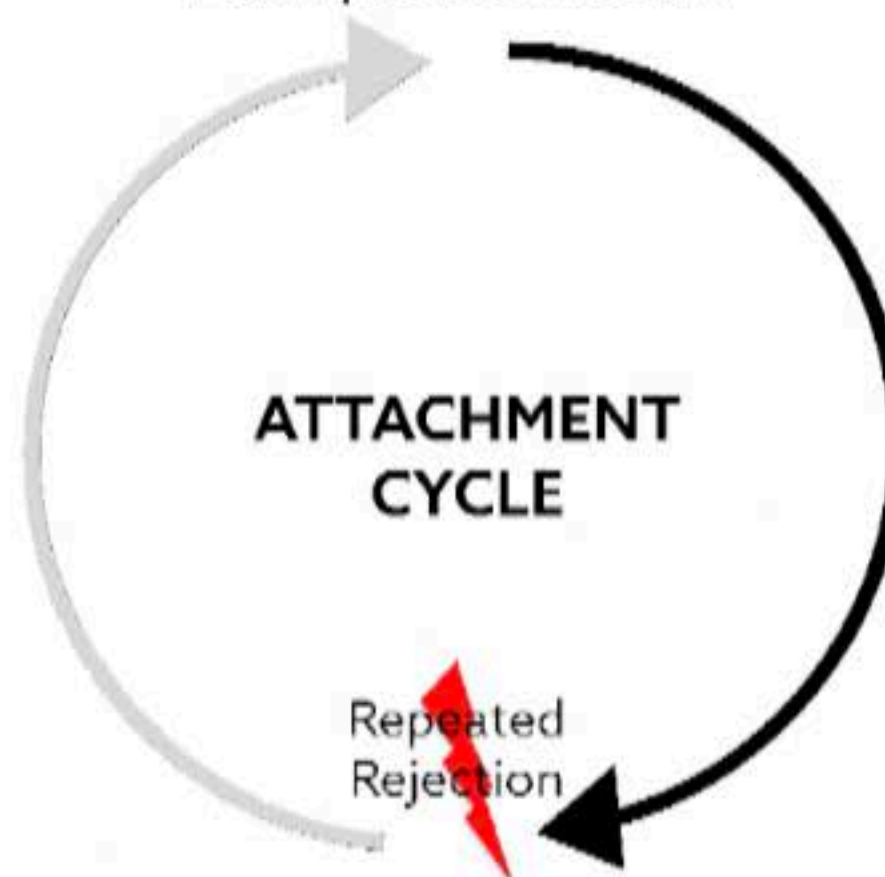


Blocked Connection: Adult

COMFORT
Calm
Relax
Coo
Play
Deactivate Nervous System
Safety

TRUST
SELF-WORTH
SELF-EFFICACY
SELF-REGULATION
MENTAL HEALTH

Attempted Connection



**ATTACHMENT
CYCLE**

DISTRESS
Resentment
Fear
Disappointment
Shut Down
Anger
Indifference
Activated Nervous System
Fight/Flight/Freeze

VOICE



Mindful Awareness

REQUIRES US TO:

BE HONEST AND CURIOUS ABOUT OUR PAST AND PRESENT

MOVE FORWARD WITH COMPASSION AND SUPPORT



"You cannot lead a child to a place of healing if you do not know the way yourself."

— Dr. Karyn Purvis



"Trust is not based on perfection, but on
our being available and present
when our child needs us."

— Dr. David Cross