

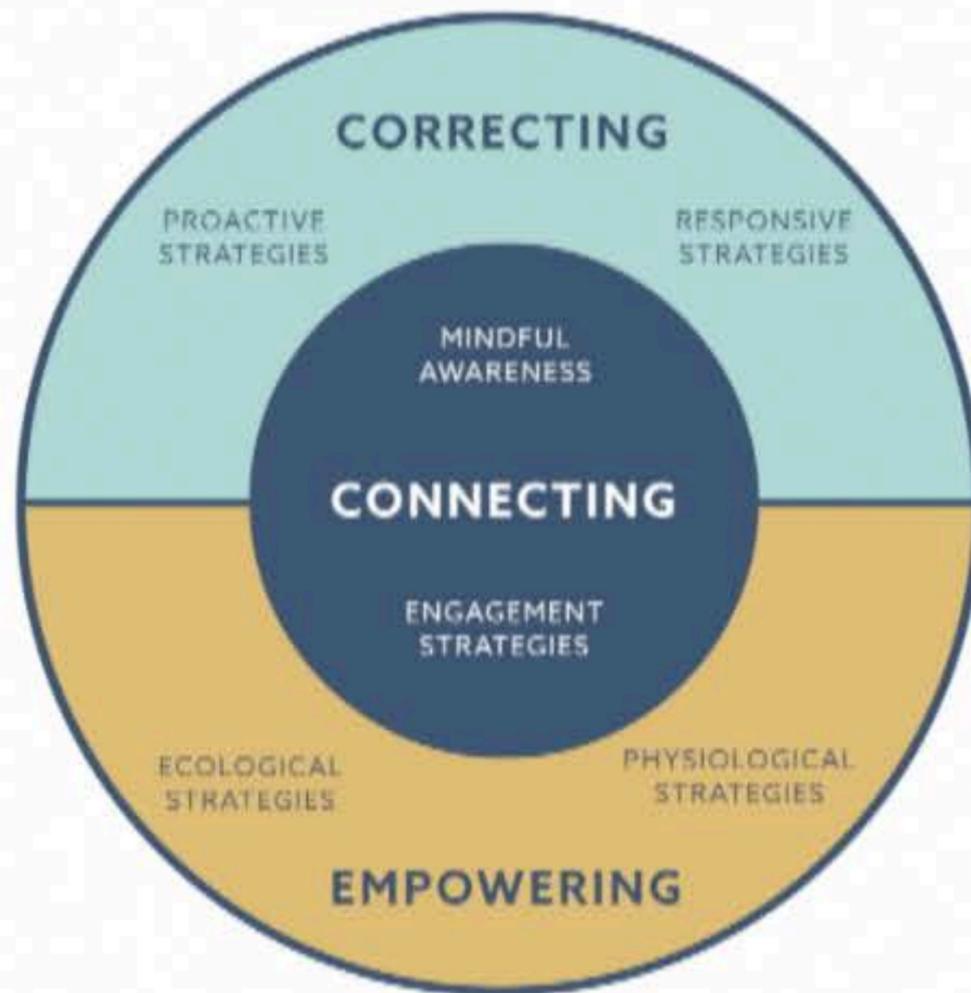


Correcting in Childhood





You're on your own, kid





TBRI Correcting Principles

3 C'S: CHANGED, CONTENT, CONNECTED

MINDSET SHIFT

PROACTIVE STRATEGIES

RESPONSIVE STRATEGIES



3 C's

CHANGED BEHAVIOR

ADULT & CHILD CONTENT

MORE CONNECTED



Mindful Awareness

PAST TRIGGERS

PRESENT STATE





Behavior is the language of unmet needs



Willful Disobedience Mindset

YOU CAN DO BETTER

YOU'RE CHOOSING NOT TO MAKE GOOD CHOICES

YOU'RE DOING THIS ON PURPOSE

YOU'RE DOING THIS TO MAKE LIFE DIFFICULT



Survival Mindset

YOU DIDN'T GET THE PRACTICE
YOU'RE DOING THE BEST YOU CAN
YOU'RE HAVING A HARD TIME
YOU NEED MY HELP TO REGULATE



Life Value Terms

WITH RESPECT
USE YOUR WORDS
SOFT EYES
ASKING OR TELLING?
WHO'S THE BOSS?



Behavioral Scripts

LET'S TRY IT AGAIN (RE-DO)

YOU'VE GOT TWO CHOICES

ARE YOU ASKING FOR A COMPROMISE?



Nurture Group Rules

NO HURTS

STICK TOGETHER

HAVE FUN



Correcting: Responsive Strategies

IDEAL RESPONSE

+

LEVELS OF RESPONSE



IDEAL Response

IMMEDIATE: WITHIN THREE SECONDS



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DIRECT: CAN'T TBRI FROM THE COUCH



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ACTION-BASED: PHYSICAL MEMORY OF THE "RIGHT" WAY



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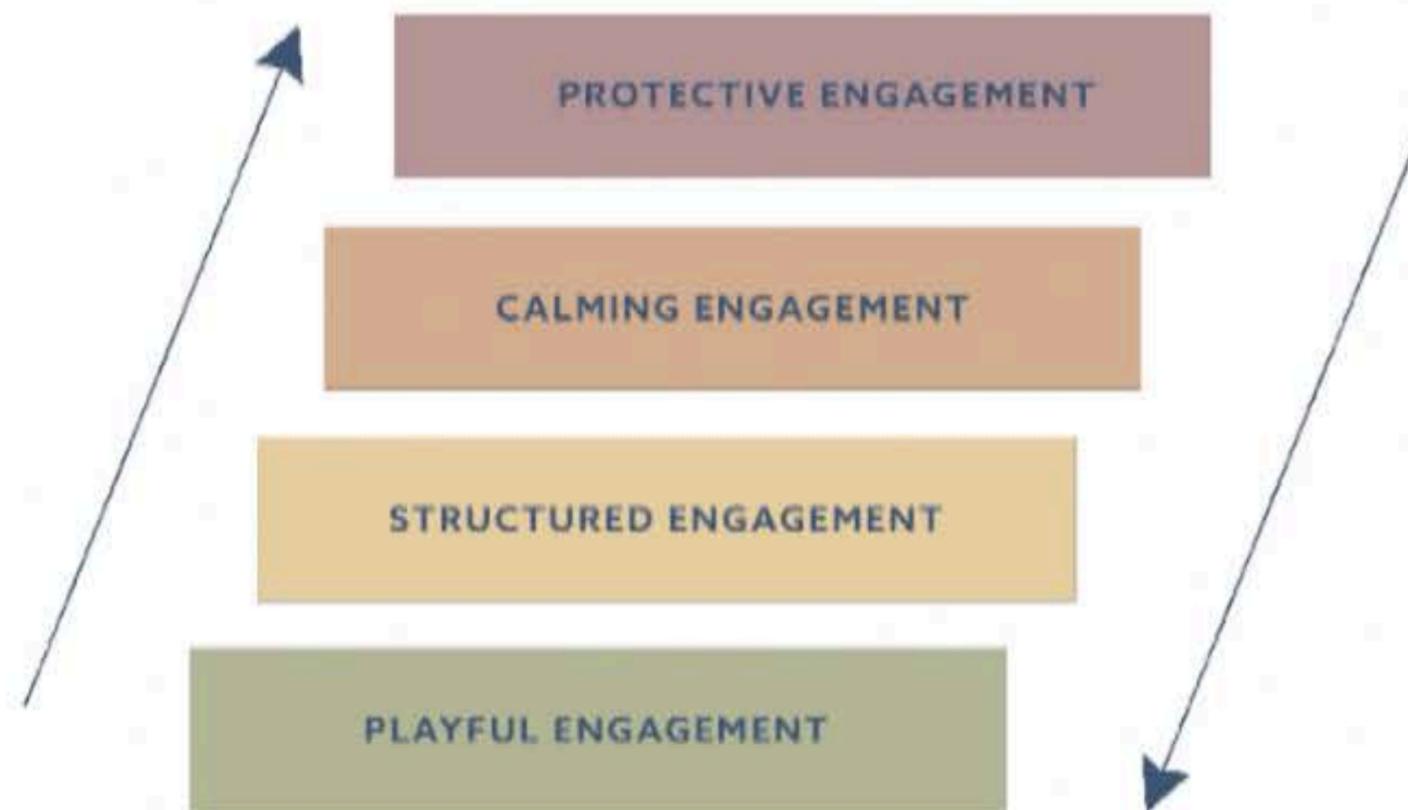
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ACTION-BASED: PHYSICAL MEMORY OF THE "RIGHT" WAY

LEVELED AT THE BEHAVIOR, NOT THE CHILD



Levels of Response





Levels 1: Playful Engagement

ASSESS:

TOOLS:

BEHAVIOR: Low Level

BRAIN: Has access to upstairs brain

GOALS: Correct behavior and move on!

Playful tone + body language

Re-do's

Life value terms



Levels 2: Structured Engagement

ASSESS:

BAHAVIOR: Escalating

BRAIN: Has access to upstairs brain,
but wobbly

GOALS: Prevent flipping the lid

TOOLS:

Tone and Volume

Choices

Compromise



Levels 3: Calming Engagement

ASSESS:

BEHAVIOR: Approaching or at meltdown stage

BRAIN: No access to upstairs brain

GOALS: Calm the body

TOOLS:

Water + Snack

Weighted Items

Headphones

Physical Movement

Quiet Company



Levels 4: Protective Engagement

ASSESS:

BEHAVIOR: Physical aggression

BRAIN: No access to upstairs brain

GOALS: Prevent harm to self and others

TOOLS:

Safe place for dysregulated body



**"TBRI isn't the words.
TBRI is what people do when
they understand the words."**

— Dr. David Cross