SHOW HOPE



# Correcting Principles

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#### What's The Goal?

Give Care

Receive Care

Negotiate Needs

Be an Autonomous Self





Felt-Safety Connection Self-Regulation

Structured Interaction Giving Voice

Levels Response







## Correcting Principles

Proactive Strategies

Responsive Strategies







#### Proactive Strategies

The Proactive Strategies are important building blocks of a trauma-informed culture of caregiving and service.

Life Value Terms are the Language

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Behavioral Scripts are the Actions





# Behavioral Scripts

- Choices
- Compromise
- Behavioral Re-Dos







#### Life Value Terms

- "Use Your Words"/"Use Good Words to Communicate"
- "Asking or Telling?"
- "Cooperate and Compromise"
- "With Permission and Supervision"
- "With Respect"





# Cassie Silly String



#### Responsive Strategies

Guides for Responding







#### The IDEAL Response®

Immediate (3 sec. or less)

Direct (Engagement Strategies)

Efficient (Levels of Response)

Action-Based (Behavioral Scripts)

Leveled at the Behavior, and not the Youth





# Levels of Response™









## Level 1: Playful Engagement

- Executive functions are operating well
- All is well and Youth is briefly mouthy/demanding/verbal disrespect
- Adult focus: Playfulness
- Goal: Re-do













#### Level 2: Structured Engagement

- Executive functions are altered
- Youth is mildly agitated
- Adult focus: Structuring Youth's thought process
- Goal: Choices and compromises





## Level 2: Structured Engagement

"The moment you don't share power is the moment you lose all the power."







## Level 3: Calming Engagement

- Executive functions are decreasing as emotional dysregulation increases
- Youth is at risk for a major episode, mildly aggressive or in harm's way
- Adult focus: Emotional regulation
- Goal: Regulation and prevent full blown crisis





## Calming Engagement Plan

- What are 3 things you can do when you feel
- Go to my quiet space
- Take a walk/run
- Muscle Movement





## Level 4: Protective Engagement

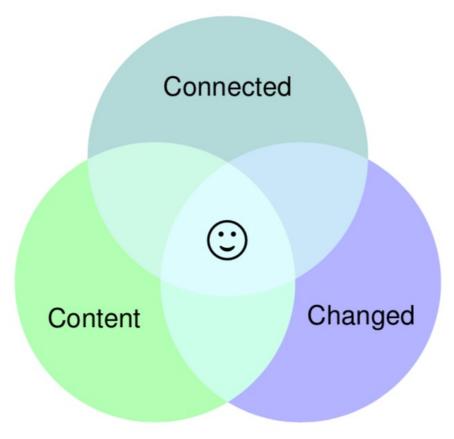
- Executive functions are unavailable as emotional and behavioral dysregulation dominate
- Threat of harm, imminent danger, or out of control behavior
- Adult focus: Behavioral regulation
- Goal: Provide safety for all involved







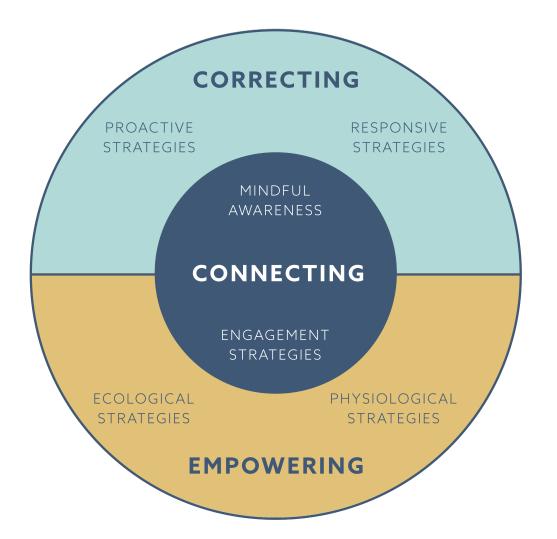
#### 3 C's











Give Care

Receive Care

Negotiate Needs

Be an Autonomous Self











