



HOST GUIDE





Letter From

SHOW HOPE'S FOUNDERS

Dear Hosts,

Welcome to Show Hope's second annual Hope for the Journey Conference (formerly known as the Empowered to Connect Conference). For 10-plus years now, through God's grace and favor, Show Hope has not wavered in our efforts to support and encourage parents and caregivers meeting the everyday needs of children impacted by adoption and/or foster care through our Pre+Post Adoption Support work. And as a host church or organization of our Hope for the Journey Conference, you, too, are working to reduce barriers that stand between children and places of security, healing, and hope. Thank you for locking arms with us in this much-needed work. Together, we will SEE a world where every child knows that he or she belongs within the love and permanency of a family.

Like last year's inaugural Hope for the Journey Conference, this year, we will dive into the principles of Trust-Based Relational Intervention® (TBRI®) as we, at Show Hope, also connect this care model to the gospel of Jesus Christ that has guided our work for more than 19 years now. Through practical, accessible teaching and insight coupled with personal perspectives, we believe you will find the resources and hope you need to continue to journey well with children and families impacted by adoption and/or foster care.

Whether you are an experienced host or this is your first Show Hope conference, we are honored you have chosen to bring Hope for the Journey to your community, and we want to do all we can to support you. This host guide provides general information about the event but is also designed to help you in leading discussions and encouraging participants in their unique needs as well as thinking through logistics of hosting in-person and virtually. If you have a need not addressed in this guide, please reach out to us at hopeforthejourney@showhope.org or visit showhope.org/hopeforthejourneyresources.

The Show Hope team will be covering you and your attendees in prayer in the days ahead!

Much grace,

Mary Beth & Steven Curtis Chapman

Mary Beth & Steven Curtis Chapman
Founders
Show Hope

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ABOUT

SHOW  HOPE

HOPE

for the Journey

CONFERENCE

Show Hope's inaugural Hope for the Journey Conference premiered April 9, 2021, with the aim of encouraging parents and caregivers meeting the everyday needs of children impacted by adoption and/or foster care. The conference also served as an opportunity to further resource churches in their endeavors to be beacons of hope and encouragement for families in their congregations and surrounding communities.

From sessions led by professionals and practitioners to the powerful stories of adult adoptees, foster care alumni, and adoptive parents, the 2021 Hope for the Journey Conference was incredibly practical, accessible, and hopeful.

With new faces, new stories, and new insight, the 2022 Hope for the Journey Conference will structurally mirror the 2021 conference with five high-level, more focused learning modules and opportunities to go deeper on select topics within each module topic. We will also hear from families and individuals impacted by adoption and/or foster care—whether as parents or adult adoptees and foster care alumni. And finally, the Hope for the Journey Conference will also continue to build on TBRI principles and how those principles intersect with our faith.

Special hosts at the conference will include Show Hope Founders, Mary Beth and Steven Curtis Chapman, along with Show Hope's Emily Chapman Richards. Long-time affiliate organizations and partners, including the Karyn Purvis Institute of Child Development at TCU and Empowered to Connect, will also be sharing teaching, insight, and practical application aimed at parents and families.

Host sites will have access to certificates of completion that adoptive and foster care families can submit to their respective agencies. Professional continuing education will not be offered through Show Hope, but hosts will be able to submit information for approval with local or state accreditation organizations.

+ **Learning Module 1: An Introduction to Trust-Based Relational Intervention (TBRI)**

- » Teaching Session With Daren Jones of the Karyn Purvis Institute of Child Development (KPIDC) at TCU
- » Going Deeper With Paris Goodyear-Brown on the topic of ACEs
- » Practical Perspective

+ **Learning Module 2: Connecting Principles**

- » Teaching Session With Amanda Purvis of the KPIDC
- » Going Deeper With Dr. Melody Aguayo on the topic of *Connecting With Teens*
- » Practical Perspective

+ **Learning Module 3: Empowering Principles**

- » Teaching Session With Amanda Purvis
- » Going Deeper With Marti Smith on the topic of *Sensory Integration*
- » Practical Perspective

+ **Learning Module 4: Correcting Principles**

- » Teaching Session With Daren Jones
- » Going Deeper With Tona and Mark Ottinger on the topic of *The IDEAL Response*
- » Practical Perspective

+ **Learning Module 5: The Gospel + TBRI**

- » Panel Discussion Led by Emily Chapman Richards of Show Hope: The Church + Trauma-Competent Care
- » Going Deeper With Scotty Smith
- » Practical Perspective



About SHOW HOPE

Show Hope exists to care for orphans by engaging the Church and reducing barriers to adoption.

After having their own eyes and hearts opened to the needs of orphans around the world, Mary Beth and Steven Curtis Chapman founded Show Hope in 2003. Since then, Show Hope has worked to holistically approach adoption advocacy and orphan care by addressing three key barriers to adoption: the financial barrier, the medical barrier, and the knowledge barrier.

Through Adoption Aid grants, Show Hope has helped more than 7,900 children from more than 60 countries, including the U.S., come to know the love of a family. Through Medical Care grants, Show Hope helps families offset expenses related to caring for a child's complex medical needs once home. Show Hope's Pre+Post Adoption Support helps bring hope and healing to children and families around the world with encouraging, practical, and research-based teachings and resources. Through its Student Initiatives program, Show Hope engages and mobilizes high school and college students in becoming agents of change in adoption advocacy and orphan care—not just in the future but today. And for nearly 15 years, Show Hope supported multiple Care Centers in China with an aim to provide care for children with acute medical and special needs—even building, furnishing, and supporting the flagship Care Center, Maria's Big House of Hope, named in honor of their daughter Maria who is now with Jesus.

About OUR PARTNERS

KARYN PURVIS INSTITUTE OF CHILD DEVELOPMENT

The Karyn Purvis Institute of Child Development (KPID) is a program of the Department of Psychology in the TCU College of Science & Engineering in Fort Worth, Texas. Its mission is research, education, training, and outreach to improve the lives of children who have experienced abuse, neglect, and/or trauma. The KPID's research and interventions are empowering parents, professionals, and students with trauma-informed strategies that improve outcomes for children and youth.

The KPID was created as an outgrowth of the Hope Connection®, a research and intervention project developed in 1999 by Drs. Karyn Purvis and David Cross. The Hope Connection began as a summer camp for children who experienced early orphanage care. The results proved so remarkable, they sparked a compelling scientific and personal journey for Drs. Purvis and Cross. By the end of the first week and into the second week of camp, they saw dramatic changes in attachment, social competency with peers, and in language. These outcomes formed the empirical foundations for TBRI care (as in care model), a model for children from "hard places."

EMPOWERED TO CONNECT

Empowered to Connect (ETC) is an attachment-rich, community-focused program that exists to support, resource, and educate caregivers.

ETC's resources and trainings are especially helpful for caregivers of children who have experienced adverse childhood experiences (ACEs), toxic stress, and maltreatment. Building heavily upon TBRI, ETC fundamentally believes that every human being has great capacity to grow and overcome adversity when cared for in supportive, connected, and nurturing environments.

ETC relies heavily on the care model of TBRI created by Drs. Karyn Purvis and David Cross at the KPID at TCU.

In 2018, the ownership and program rights of ETC were transferred to the care of the Memphis Family Connection Center (MFCC), a holistic family care clinic based on the principles of TBRI. MFCC co-founders Tona and Mark Ottinger have been ETC parent trainers since 2010 and are deeply invested in ETC and supporting its continued growth for years to come.

IN:CIITE EVENTS

in:ciite is a leading simulcast ministry resource, focused on creating and delivering transformational experiences to serve people and churches through dynamic and compelling simulcast events. in:ciite Events will be your day-to-day contact in regard to hosting the simulcast. Contact in:ciite Events if you have any questions concerning production, technical and streaming aspects, as well as testing your equipment and customer service during the event.

ACKNOWLEDGEMENTS



Show Hope Founders

Mary Beth & Steven Curtis Chapman

Mary Beth and Steven Curtis Chapman founded Show Hope in 2003. Mary Beth is a “New York Times” bestselling author and speaker. Steven is a GRAMMY- and Dove award-winning singer/songwriter and recording artist with sales of more than 11 million records. The Chapmans were married in October 1984 and have six children—three children by birth, Emily Chapman Richards (married to Tanner and mom to three daughters Eiley, Della, and Verity); Caleb Chapman (married to Julia and dad to son Noble and daughter Olive); and Will Franklin Chapman (married to Jillian Edwards and dad to Willow Faye); and three daughters who were adopted from China, Shaohannah Hope, Stevey Joy, and Maria Sue, who is now with Jesus.



Show Hope Executive Director + Conference Teacher

Emily Chapman Richards

Emily Chapman Richards serves as Show Hope’s Executive Director. She has enjoyed watching Show Hope, a nationally recognized voice for adoption advocacy and orphan care support work, grow from a dream in her parents’ hearts to an organization that has helped thousands of children come to know the love of a family. After earning a Bachelor of International Studies and Religion from Baylor University, Emily continued her education while living abroad, graduating from Queen’s University Belfast with a Master of Theology. Emily is married to Tanner, and together, they are the proud parents to three beautiful ladies—Eiley, Della, and Verity. She is a visionary and a dreamer, and has long remained a passionate advocate for adoption and orphan care efforts.



Conference Teacher

Daren Jones

Daren Jones is the Director of Training and Consultation Services with the KPICD at TCU. In his role, Daren’s main focus is instructing professionals in TBRI principles who are working with children impacted by trauma. Daren joined the KPICD in 2014 and has been integral in teaching and spreading TBRI across the U.S. and abroad. Daren earned a Bachelor of Social Work from the University of Arkansas at Fayetteville, and began his career as a behavior instructor in a therapeutic day treatment program for children and youth. After serving in this role, Daren obtained his Master of Social Work from Spalding University in Louisville, Kentucky. He spent 12 years serving youth and families within residential and foster care settings before beginning his work with the KPICD. Today, he is currently pursuing a Ph.D. in Counseling & Counselor Education at TCU in Fort Worth, Texas, where he resides with his wife, Katie; daughter, Ruby; and son, Finn.



Conference Teacher

Amanda Purvis

Amanda Purvis is a Training Specialist with the KPICD at TCU. As a training specialist, Amanda’s main focus is instructing professionals in TBRI principles who are working with children who have experienced trauma. Amanda earned a Bachelor of Social Work from Metropolitan State University in Denver, Colorado. She began her career working in Child Protective Services as an intake worker. She then transitioned to foster care and post-adoption support, where she spent a decade of her career before beginning her work with the KPICD in December 2017. Today, Amanda lives in Castle Rock, Colorado, with her husband and five children, and their dog, Scout.

"Going Deeper"

TEACHERS

An Introduction to Trust-Based Relational Intervention (TBRI) |

Paris Goodyear-Brown

Paris Goodyear-Brown, the founder and director of Nurture House, is a Licensed Clinical Social Worker and a Registered Play Therapist-Supervisor with 20 years of experience in treating families in need. While she specializes in treating trauma (sexual abuse, physical abuse, maltreatment, and neglect) and attachment disturbances, she often provides help for anxious, angry, or depressed children and teens. A child development expert, she frequently provides parent consultation, dyadic assessment, and parent coaching to help parents manage and resolve their children's behavior challenges. She is an adjunct professor of Psychiatric Mental Health at Vanderbilt University, guest lecturer for several universities in Middle Tennessee, and has an international reputation as a dynamic speaker and innovative clinician. She provides play therapy and licensure supervision and consults with various school districts, agencies, and mental health organizations to help develop play therapy programs and create more developmentally sensitive programming. Paris is also the author of multiple books, chapters, and articles related to child therapy. Her books include "Tackling Touchy Subjects;" the "Handbook of Child Sexual Abuse: Identification, Assessment, and Treatment;" "Play Therapy With Traumatized Children: A Perspective Approach;" and "The Worry Wars: An Anxiety Workbook for Kids and Their Helpful Adults."

Connecting Principles | Dr. Melody Aguayo

Dr. Melody Aguayo has a Master of Marriage and Family Therapy and a Ph.D. in Psychology. She is the founder of Real Child Consulting, LLC, which specializes in providing coaching and training to parents and organizations that care-taking children who are "at risk." She has spoken at many notable locations including CAFO (Christian Alliance for Orphans), City of Orphans, Vanderbilt Neurological Symposium, and others. She is also a parent of two children through adoption. Her personal journey has compelled her into a professional world she wasn't planning on being a part of. She has a passion for helping families and children who are hurting turn their pain into purpose.

Empowering Principles | Marti Smith

Marti Smith graduated from Indiana University in 1996. She is a Child Trauma Academy Fellow, a TBRI Travis County Collaborative participant, and co-founder of Simple Sparrow Farm, a non-profit where she collaborates with Jamie Tanner, Simple Sparrow owner and president, to help heal individuals through farm-related activities. Marti began her OT career at the Covered Bridge Special Education Co-op where she specialized in autism, handwriting, and creative adaptive equipment provided on a minimal budget. She currently specializes in sensory regulation as it relates to trauma and has helped develop the sensory portions of the ChildTrauma Academy's Neurosequential Model of Therapeutics and TCU's TBRI education. She has completed additional certification and training in Interactive Metronome, therapeutic listening, Wilbarger Deep Pressure Protocol, therapeutic massage, floor time, vestibular dysfunction, reflex integration, picky eating, athletic training, CISM, and rescue Scuba Diving. She has been an international speaker since 2004, sharing her passion to help children in creative, fun, inexpensive, and simple therapeutic ways. Marti is also the author of "The Connected Therapist." She resides in Austin, Texas, with her husband and two children. She enjoys traveling, nature, photography, quilting, and spending time at Simple Sparrow Farm.

"Going Deeper"

TEACHERS

Correcting Principles | Mark and Tona Ottinger

As part of the Empowered to Connect (ETC) team for more than 12 years, Tona and Mark Ottinger are committed to empowering parents, professionals, nonprofits, churches, and communities with the tools to create safe, attachment-rich spaces for children and families to thrive. In 2016, they co-founded the Memphis Family Connection Center (MFCC). MFCC is a nonprofit that provides holistic attachment-centered counseling, occupational therapy, speech therapy, parent mentoring, and integrated services to the family as a whole. Mark served as a campus pastor at Fellowship Memphis Church for more than 10 years and recently transitioned to work solely as Executive Director of ETC and MFCC. Tona is the Senior Director of Programs for ETC and gives strategic oversight to both the local clinical and national community-based services. Together, they are passionate about the gospel, restoration, justice, and empowering parents and children to live deep, connected lives with one another and the Lord. The Ottingers have been married for 24 years and have six children.

The Gospel + TBRI | Scotty Smith

Scotty Smith is a graduate of The University of North Carolina, Westminster Theological Seminary (M.A.R.), and Covenant Theological Seminary (D. Min.). Scotty is founding pastor and pastor emeritus of Christ Community Church (CCC) in Franklin, Tennessee, where he pastored for 26 years. He presently serves as Teacher in Residence at West End Community Church, a daughter church of CCC. He also serves as adjunct faculty for Covenant Seminary in St. Louis, Missouri. Scotty has authored 10 books, including "Unveiled Hope," "Objects of His Affection," "Restoring Broken Things" (with Steven Curtis Chapman), "Everyday Prayers: 365 Days to Gospel-Centered Faith," and "Every Season Prayers: Gospel-Centered Prayers for the Whole of Life." Scotty also invests time mentoring corporate leaders as a coach, consultant, and encourager. Scotty and his wife, Darlene, continue to live in Franklin.

"Practical Perspectives"

CONTRIBUTORS

**An Introduction to
Trust-Based Relational Intervention (TBRI)**
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Connecting Principles
Zawadi Morrow

Empowering Principles
Kristin Allender

Correcting Principles
Kristyn and Kim Carver

The Gospel + TBRI
More Information to Come

Learning Objectives

OF THE HOPE FOR THE JOURNEY CONFERENCE

- To help understand the specific needs of the whole child; the principles of Connecting, Empowering, Correcting; and practical steps that can help children thrive.
- To provide an in-depth look at the impact of trauma on children, including effects on brain development, neurochemistry, sensory processing, attachment behaviors, and the ability to self-regulate.
- To encourage parents to consider their own histories, attachment styles, and what role these influences may play in their child's process of developing secure attachment.
- To provide a summary of attachment and key attachment research, focusing on the role of attachment as the foundation of the parent/child relationship. This conference will also focus on helping parents/caregivers understand how to rebuild and repair ruptured attachments for children who have experienced early trauma.
- To present an overview of how sensory processing and neurochemistry are affected in children who have experienced early trauma.
- To offer insights, strategies, and tools that are helpful for parents/caregivers in achieving effective behavioral change while promoting lasting connection and healing with their children.
- To help parents and caregivers see their children with eyes of compassion and to offer hope and encouragement as they seek to journey well with their children.

An Introduction TO TBRI

Trust-Based Relational Intervention (TBRI) is an attachment-based, trauma-informed intervention that is designed to meet the complex needs of vulnerable children. TBRI uses Empowering Principles to address physical needs, Connecting Principles to meet attachment needs, and Correcting Principles to disarm fear-based behaviors. While the intervention is based on years of attachment, sensory processing, and neuroscience research, the heartbeat of TBRI is *connection*.

It was developed by Drs. Karyn Purvis and David Cross and originally described in their bestselling book, "The Connected Child: Bring Hope and Healing to Your Adoptive Family." TBRI is used around the world in homes, residential treatment facilities, group homes, schools, camps, and orphanages.

You can learn more about TBRI and available resources by visiting the website of the KPICD at child.tcu.edu or by viewing [this overview video](#).

WHY TBRI?

Show Hope is often asked why we have chosen to endorse and utilize TBRI. Show Hope's Emily Chapman Richards outlines how the caregiving model aligns with the organization's core values:

At the very core of who we are exists a deep desire and fundamental need for connection, belonging, and security found only within relationship. This eternal truth can be traced back to the very beginning of time.

"Then God said, 'Let us make man in our image, after our likeness.' ... So God created man in his own image, in the image of God he created him; male and female he created them" (Genesis 1:26-27).

The mutual exchange of love between the Father, Son, and Spirit is imprinted on the human soul—we bear the *Imago Dei*, "image of God." As the creation narrative unfolds, God reflects on his creation of Adam, remarking, "It is not good that man should be alone ..." (Genesis 2:18). God's response to Adam's solitude is the creation of Eve, Adam's partner. The height of joy and depth of trust experienced through loving relationships and secure attachment are fundamentally God's idea and his design.

More than 2,000 years later, we take our place in history longing for connection—remembering this foundational truth and holding onto this eternal hope for ourselves, for our neighbors, for our communities, and perhaps most importantly, for our children. Yes, indeed, God created us to be in relationship—at peace within ourselves, with him, and with others. And yet, with the fall of mankind into sin, we now experience the pain of broken relationships and the vulnerability of isolation. This is the

painful reality for many of the children Show Hope seeks to serve—children who have been orphaned.

It is not uncommon for children who come home through adoption and foster care to have had exposure to adverse childhood experiences such as abuse, trauma, loss, and/or neglect. As these children enter our families and our stories intertwine with theirs, tensions may surface. We must ask ourselves, *How do we effectively communicate the truth of the gospel—an invitation into a forever relationship with Christ—to our children who may carry attachment injuries and associate belonging and connection with fear?*

As scientific research expounds, our understanding of the human brain is only beginning to grasp the fullness and complexities of God's design. And as only God could design, the human brain is pliable and can be rewired. Developmental psychologist and advocate for children Dr. Karyn Purvis once said, "Our children were harmed in relationship, and they will experience healing through nurturing relationships." When we step into the journey of caring for children who have been impacted by early loss and trauma, an incredible invitation is extended. We have the opportunity to help rewrite the narrative ... to help lead our children to places of emotional, physical, and neurological healing by being the hands and feet of Christ.

Furthermore, by choosing to love children from difficult beginnings, we are afforded a front-row seat as God's miraculous work unfolds. Through

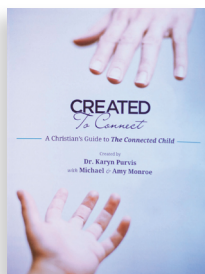
the power of the Holy Spirit, the sacredness, beauty, and peace of Imago Dei is reimagined and reaffirmed as our children become at home within our love.

Surely, no one person could do this work alone or without the encouragement and support of a wider community. This is why Show Hope's Pre+Post Adoption Support exists. We understand—as many of you do—that the adoption journey doesn't end the day a child is welcomed home. Because of the difficult beginnings many of our children have experienced, we must work diligently to help them reimagine home and experience belonging and connection.

One tool we promote is TBRI, developed by Drs. Kayrn Purvis and David Cross from the Kayrn Purvis Institute of Child Development at TCU. TBRI "is an attachment-based, trauma-informed intervention that is designed to meet the complex needs of vulnerable children." At its core, TBRI works to promote trust and connection between caregivers and children by addressing physical and emotional needs while also disarming fear-based behavior.

And so, while TBRI may be perceived as clinical in nature as it involves the complexities of science, at Show Hope, we see TBRI as an expression of the gospel. In "Created to Connect: A Christian's Guide to The Connected Child," Dr. Kayrn Purvis, with Michael and Amy Monroe, wrote, "The longing of the human heart is to connect and belong. We long to connect with our Creator, in whose image we have been made, and by God's grace such a connection is possible. As relational beings we also have a deep need and desire to connect with those around us. One of the most important and meaningful human conditions is undoubtedly between a parent and child."

Being made in the image and likeness of Christ—and this eternal truth—"See what kind of love the Father has given to us, that we should be called children of God; and so we are" (1 John 3:1)—are the foundations that we, at Show Hope, continue to build upon as we work to care for orphans by engaging the Church and reducing barriers to adoption. We lock arms with countless parents, siblings, caregivers, professionals, church leaders, social workers, teachers, and coaches who continue to show up and show hope, day in and day out, to our children who desperately need our love.



To download a digital copy of "Created to Connect," visit the [conference Resources page](#).

Schedules

This year's schedule will include five high-level learning modules based on the foundational principles of TBRI along with a segment on, The Gospel + TBRI, specifically looking at what it means for a church to be trauma-competent. Embedded within each learning module will be a "Going Deeper" teaching video on a select topic, and also included will be one practical, encouraging "Practical Perspectives" video featuring the voices of adult adoptees as well as adoptive and foster families.

Each host is able to decide how to present the content and how to organize breaks to best serve his/her group. Some example schedules are included below to provide ideas for how to organize your viewing.

Please keep in mind that we encourage the reinforcement of the conference teaching through providing breaks and healthy snacks.

2022 HOPE FOR THE JOURNEY CONFERENCE MODULES*

- | | |
|---|--|
| <ul style="list-style-type: none">• Learning Module 1: An Introduction to TBRI<ul style="list-style-type: none">• Teaching Session With Daren Jones of the KPICD at TCU• Going Deeper With Paris Goodyear-Brown on the topic of ACEs• Practical Perspectives• Learning Module 2: Connecting Principles<ul style="list-style-type: none">• Teaching Session With Amanda Purvis of the KPICD• Going Deeper With Dr. Melody Aguayo on the topic of Connecting With Teens• Practical Perspectives• Learning Module 3: Empowering Principles<ul style="list-style-type: none">• Teaching Session With Amanda Purvis• Going Deeper With Marti Smith on the topic of Sensory Integration• Practical Perspectives | <ul style="list-style-type: none">• Learning Module 4: Correcting Principles<ul style="list-style-type: none">• Teaching Session With Daren Jones• Going Deeper With Tona and Mark Ottinger on the topic of The IDEAL Response• Practical Perspectives• Learning Module 5: The Gospel + TBRI<ul style="list-style-type: none">• Panel Discussion: The Church + Trauma-Competent Care• Going Deeper With Scotty Smith |
|---|--|

**Each Learning Module is approximately 1 hour and 20 minutes.*

2022 EXAMPLE SCHEDULES

ONE-DAY SCHEDULE

DAY 1

- Learning Module 1: An Introduction to TBRI
 - "Going Deeper" topic to include the importance of understanding ACEs
- Learning Module 2: Connecting Principles
 - "Going Deeper" topic to explore connecting with teens.
- Learning Module 3: Empowering Principles
 - "Going Deeper" topic to unpack sensory integration.
- Learning Module 4: Correcting Principles
 - "Going Deeper" topic to discuss the IDEAL Response.
- Learning Module 5: The Gospel + TBRI
 - "Going Deeper" topic to discover together the ultimate hope found in Christ alone for our journeys.

TWO-DAY SCHEDULE

DAY 1

- Learning Module 1: An Introduction to TBRI
 - "Going Deeper" topic to include the importance of understanding ACEs
- Learning Module 2: Connecting Principles
 - "Going Deeper" topic to explore connecting with teens.
- Learning Module 3: Empowering Principles
 - "Going Deeper" topic to unpack sensory integration.

DAY 2

- Learning Module 4: Correcting Principles
 - "Going Deeper" topic to discuss the IDEAL Response.
- Learning Module 5: The Gospel + TBRI
 - "Going Deeper" topic to discover together the ultimate hope found in Christ alone for our journeys.

FIVE-WEEK SCHEDULE

WEEK 1

- Learning Module 1: An Introduction to TBRI
 - "Going Deeper" topic to include the importance of understanding ACEs

WEEK 2

- Learning Module 2: Connecting Principles
 - "Going Deeper" topic to explore connecting with teens.

WEEK 3

- Learning Module 3: Empowering Principles
 - "Going Deeper" topic to unpack sensory integration.

WEEK 4

- Learning Module 4: Correcting Principles
 - "Going Deeper" topic to discuss the IDEAL Response.

WEEK 5

- Learning Module 5: The Gospel + TBRI
 - "Going Deeper" topic to discover together the ultimate hope found in Christ alone for our journeys.

Logistics

There are several decisions to make after you decide to host the Hope for the Journey Conference.

LOCATION FOR HOSTING

- Churches are often great sites because many are prepared with seating, screens, and audio equipment to make streaming as easy as possible.
- Previous site hosts have also utilized schools, hospitals, adoption agencies, community centers, and homes.
- Other considerations:
 - Number of seats available
 - Option to utilize tables
 - Comfort level
 - Restroom access
 - Nearby dining options, if needed

PRICING

Many sites choose to sell tickets to offset some of their expenses while others offer the event as a gift to their community. When considering pricing, think through other possible expenses such as event space rentals, snacks, or beverages.

The average registration price charged by host sites for attendees in previous years has been between \$10-\$30.

REGISTRATION

Show Hope and in:ciite Events do not provide an online registration tool for you to use, but we recommend using a tool called Brushfire.

Even if you are hosting a free event, it may be helpful to have attendees register to give you an idea of how many people to expect. If you would like to communicate with attendees before or after the conference, be sure to consider the best way to collect contact information. An online registration process may simplify communication for event reminders, location and parking details, and so forth.

TABLES

In years past, the Hope for the Journey Conference has utilized tables for attendees rather than theater-style seating. Tables can make it easier for attendees to take notes and better support learning. They also allow coordinators to provide fidgets and candy to meet sensory needs and help keep viewers engaged. Items that may be considered for the tables include stress balls, squeeze toys, tangle toys, putty, slinkys, bubblegum, and candy. Tables are also helpful for encouraging conversation among attendees and fostering an environment that allows attendees to connect with others who can continue to support and encourage them. If you choose to use tables at your viewing, you can also use them to distribute materials, such as workbooks, pens, and name tags.

CHILDCARE

Though there is no expectation for a site to provide childcare during the simulcast, some sites have chosen to make it available. While there are a number of considerations related to this possibility, including childcare providers, location, liability concerns, cost, and registration, choosing to offer a childcare option may make it easier for parents to participate.

CLOSED CAPTIONING

The option of providing the video content with closed-captioning will be available. Please contact in:ciite Events for additional details at info@inciite.com.

HOSTING VIRTUALLY

If you are opting to host virtually, we have highlighted tips and ideas to keep in mind as you plan and prepare for hosting.

- Consider creating a microsite where participants can easily access the resources needed to follow this year's Hope for the Journey Conference (i.e. the Conference Guide + Notebook, schedule, speaker bios, etc.). A microsite allows you to customize based on your group's needs, or you can always direct participants to [Show Hope's Hope for the Journey Resources page](#).
- Utilizing your 30 Digital Passes, plan ahead for any potential technical difficulties or external distractions your participants may experience. First, ensure everyone has a strong WiFi signal or access to one. Depending on what app (i.e. Zoom, Microsoft Teams, Google Meet, etc.) you are using for your times of discussion, participants should be comfortable with it ahead of your scheduled conference time(s). Remind participants to carve out an uninterrupted space as much as possible (i.e. silence cell phones, turn off email notifications, etc.). Along with that, as the host, make sure you are familiar and comfortable with the app's features, controls, and so forth (i.e. muting/unmuting options, chat capabilities, etc.).
- Coordinate a plan for communication during your scheduled conference viewing window(s) in case technical issues arise. Be sure to familiarize yourself, as the host, with the Technical Support section of this manual (see page 29).
- Take advantage of opportunities for breaks. If you are viewing the conference on the one-day schedule, natural breaks will occur between each learning module. Encourage participants to stretch, hydrate, and fuel up on snacks during those windows. Sixty- to 90-minutes is the average time an individual can successfully engage and be participative. After that, breaks are needed.

- Incorporate times for interactions, whether it is a group activity or a time of question-and-answer. Reference the Activities section in the host manual for ideas on creating a meaningful experience for your group (see page 24).

POST-CONFERENCE PREPARATION

Most importantly, we encourage you to begin to plan now for what happens after the Hope for the Journey Conference. We believe the most effective events occur where there are tools and support in place post-conference as participants begin to process their own histories and implement new strategies into their families or practices.

Although ideas will be discussed later in this manual, it is important to consider the needs of your community and the resources already available. Start by developing a resource list and network with local organizations and professionals currently serving children and families impacted by adoption and/or foster care. This will help you see where there are resources in place and where there are gaps. You can then begin to think through the role you, your church, or your organization can play in meeting those specific needs.

An excellent place to start is the Hope for the Journey Conference Resources page. Access it by visiting showhope.org/hopeforthejourneyresources

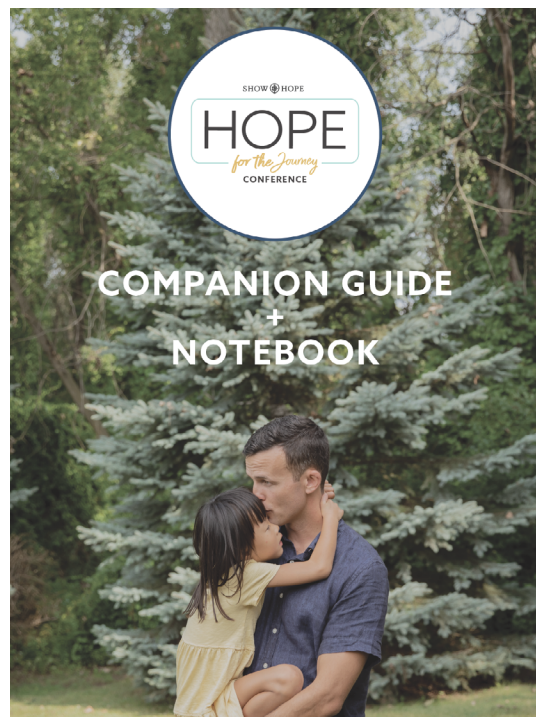
COMPANION GUIDE + NOTEBOOK

Show Hope recommends that each participant or family has access to a Hope for the Journey Conference Companion Guide + Notebook. This supplemental guidebook is not meant to mirror or be followed during the teaching sessions. Note-taking space is provided within the guide for participants' convenience.

Guidebook includes:

- Key takeaways from each of the five learning modules
- Practical application activities
- Space to record notes

Church/organization hosts will receive 30 copies of the guidebook in early March. A digital copy of the guidebook will be made available to church/organization hosts through the [Hope for the Journey Resources page](#). These can be printed or viewed online during the event. Please contact hopeforthejourney@showhope.org for additional details.



Discussion + Activities

The discussion and activity guide below offers suggestions for small group discussion and games to reinforce what is taught in the conference. Based on the size and needs of your group, you can choose the activities that will work best in your context. It is divided by topic, which offers additional flexibility for your schedule. If you are hosting virtually, consider utilizing virtual breakout rooms for smaller group discussions.

Many thanks to the team at Empowered to Connect for their work on this guide.

AN INTRODUCTION TO TBRI

RISK FACTORS

1. Difficult pregnancy
2. Difficult birth
3. Early hospitalization
4. Abuse
5. Neglect
6. Impacts of institutional care
 - Which of those risk factors have a child/children in your care experienced?
 - How does considering the potential impact of those risk factors change the way you view their behavior?

TRAUMA

- How does the following thought change the way you view your role as a caregiver?
Children who have experienced relational trauma will experience healing through safe, nurturing relationships.
— Dr. Karyn Purvis

IMPACT OF RISK FACTORS

THE 5 Bs

- Brain
- Biology
- Body
- Behavior
- Beliefs
 - When thinking about the “5 Bs,” which ones do you see impacted by your child’s history?
 - How does considering those impacts through a trauma lens inform the way you respond and care for your child?

BRAIN

- Share a time when you misinterpreted a child’s behavior as willful defiance or disobedience when in fact they were experiencing stress and therefore stuck in their downstairs brain, unable to access their upstairs thinking brain? How did you respond? How did they react to that response? How could you respond next time while keeping the brain in mind?

CONNECTING PRINCIPLES

CONNECTING

- What gets in the way of you connecting with the children in your care?
- Why is it sometimes difficult to see beyond a child’s behavior and recognize the underlying need being expressed?

ATTACHMENT

- When thinking about the attachment cycle, how has a child in your care missed the benefit of a healthy attachment foundation? What are some needs that might have gone unmet for them?
- Why is the caregiver’s attachment style important for the child?
- We often talk about attachment as a dance between the child and the caregiver. What are some ways you have seen your own history get in the way of your relationship?
- What issues or hurts from your past might you need to reflect on and make sense of in order to be more emotionally present for your child?
- What does “being fully present” mean to you?

FEAR

- What evidence of fear-driven behaviors or responses have you seen in your child?
- What triggers a fear response in your child?
- Does your child typically respond to fear or stress with a fight, flight, or freeze response? How do you typically respond to your child's response?

FELT SAFETY

There is a profound difference in *being safe* and *feeling safe*.

- Some children have chronically lived in survival mode and never experienced "felt safety." Describe a time when you were safe but you didn't feel that way. (It can be either emotional or physical.)

BALANCE OF NURTURE AND STRUCTURE

- Growing up, did your parents place more emphasis on structure or nurture? What influence does this have on the way you parent?
- Part of building felt safety and connection is keeping a balance of nurture and structure. We typically lean toward being either high nurture or high structure. Are you naturally more structured or more nurturing?
- What is a practical step you can take to gain a better balance?
- Share an example of when your child might have needed one type of engagement (nurture or structure) and you responded with the other. What was the result for them? What was the result for you?
- Are there ways your child needs to be nurtured based on their developmental age (not chronological age) that you don't feel comfortable providing?

PLAY

- What do you enjoy doing for fun? What does your child enjoy doing? How can you engage your child intentionally around his/her play style/interests?

EMPOWERING PRINCIPLES

SENSORY

Sensory processing is how the body receives, organizes, and responds to input from the senses (input comes from the environment as well as from within the body).

- What are some of your own sensory sensitivities? (For example: tags on shirts, loud noises, certain smells, etc.)
- What sensory processing needs have you seen in your child? Which ones have you found it hard to understand and respond to?
- Share a time when you might have misinterpreted those needs as bad behavior or inflexibility?
- What are some ways you can modify your environment to support your child's sensory needs? (For example: lights, smells, noise, sensory-rich environments)

MANAGING TRANSITIONS

- What are some transitions your child struggles with?
- What strategies can you use to support your child in making these transitions successfully?

HYDRATION/NUTRITION

- Is food a struggle in your home?
- Do you see any fear-based behaviors in your child that are connected to food?
- What is an action step you can take to better support your child's hydration, nutrition, and felt safety in regard to food?

CORRECTING PRINCIPLES

PRACTICE OUTSIDE THE MOMENT

- What are some common situations that tend to lead to behavioral challenges or conflict in your family?
- How could you "practice outside the moment" to help create a new pattern of behavior or interaction—for both you and your child?

IDEAL RESPONSE

- I - Immediate (three seconds or less)
- D - Direct (close proximity, gentle eye contact, mindful of tone of voice, "Engagement Strategies")
- E - Efficient (correct level of response)
- A - Action Based (helping the child learn and accomplish the desired behavior, "try it again," TBRI Behavioral Scripts)
- L - Leveled at the Behavior (not the child)
 - Which of the IDEAL elements do you typically do well?
 - Which do you struggle with and why? What are some specific ways you can become more "efficient" in how you respond to your child's needs and behavior?

RE-DO

- What behaviors does your child exhibit that might be engaged by a "re-do?" Discuss in detail how you could use the "re-do" strategy to address the behavior.
- Why is it sometimes difficult to offer children "re-dos?"

LEVELS OF RESPONSE

LEVEL 1 - Playful Engagement:

SITUATION: Low-level, showing disrespect, speaking out of turn, interrupting

GOAL: Re-do, muscle memory, active playful learning

LEVEL 2 - Structured Engagement:

SITUATION: Higher level, no physical threat or danger

GOAL: Provide "compromises" or "choices"

LEVEL 3 - Calming Engagement:

SITUATION: Elevated to the point where the child needs support and help to regulate and calm

GOAL: Provide opportunities and support to calm and regulate

LEVEL 4 - Proactive Engagement:

SITUATION: Active threat of physical harm or danger

GOAL: Provide safety for all involved

- Do you find that you overreact or underreact to behavior that, on the surface, you once viewed as defiant but now understand is, at its root, an unmet need being expressed? What contributes to your reaction?
- When thinking about playful engagement, what are some barriers and/or misconceptions about using this strategy to help meet needs expressed through your child's behavior? Do you find it difficult to respond playfully?
- Share an example of when you could use "choices" (offering two appropriate choices equally agreeable to you as the parent/caretaker) to redirect a behavior you see in your child.
- Share an example of when you could use "compromises" to give your child a voice as you respond to a need being expressed through their behavior.
- When thinking about "calming engagement" what helps you regulate and calm? What helps your child regulate and calm? How can you support regulation when they are struggling?
- Share an example of a time when you responded punitively when your child might have needed your support to regulate instead.

THE GOSPEL + TBRI

God created us to be in relationship—at peace within ourselves, with him, and with others. And yet, with the fall of mankind into sin, we now experience the pain of broken relationships and the vulnerability of isolation. This is the painful reality for many children who have been impacted by abuse, trauma, loss, and/or neglect.

However, as only God could design, the human brain is pliable and can be rewired. Dr. Karyn Purvis once said, “Our children were harmed in relationship, and they will experience healing through nurturing relationships.” When we step into the journey of caring for children who have been impacted by early loss and trauma, an incredible invitation is extended. We have the opportunity to help rewrite the narrative ... to help lead our children to places of emotional, physical, and neurological healing by being the hands and feet of Christ.

As we have seen, at its core, TBRI works to promote trust and connection between caregivers and children by addressing physical and emotional needs while also disarming fear-based behavior. And, so, while TBRI may be perceived as clinical in nature as it involves the complexities of science, at Show Hope, we also see TBRI as an expression of the gospel of Jesus Christ. In “Created to Connect: A Christian’s Guide to The Connected Child,” Dr. Karyn Purvis, with Michael and Amy Monroe, wrote, “The longing of the human heart is to connect and belong. We long to connect with our Creator, in whose image we have been made, and by God’s grace such a connection is possible. As relational beings we also have a deep need and desire to connect with those around us. One of the most important and meaningful human conditions is undoubtedly between a parent and child.”

Activities

ICE-BREAKER ACTIVITIES

Starburst Game

1. Break the group up into the corners of the room according to their favorite Starburst color.
2. Have each color answer the following questions:
 - **Red** - The best trip you have ever been on or a dream vacation
 - **Yellow** - Interesting fact about you or a hidden talent
 - **Orange** - Your theme song or your favorite genre of music
 - **Pink** - A bucket list item you want to check off or bucket list item you've already checked off

Name Game Dance

1. Go around the circle and say your name with a dance move. (Example: Sam and spin around)
2. Then the group repeats the name and the dance move. (Example: Sam and spin around)
3. The next person does the same. (Example: Sally and clap hands)
4. Then the whole group repeats from the first person. (Example: Sam while spinning, Sally while clapping)
5. Then the third person adds their name and dance move.
6. Start back from the first person and continue repeating the names as you go around the circle, creating a "dance" with all the moves. So, if you have 10 people you will go back to the first person adding each additional person, one at a time, for a total of 10 times.

Alliteration Favorites

1. Go around the circle and say your name along with one of your favorite things that starts with your letter.
2. The group repeats it. (Ex. "I'm Anna, and I love apples!" and the group says "This is Anna, and she loves apples!")

CALMING ACTIVITIES

The sympathetic nervous system prepares the body for the “fight or flight” response during any potential danger. The parasympathetic nervous system inhibits the body from overworking and restores the body to a calm and composed state.

Magic Mustache

1. Press your index finger up against the upper lip like a mustache.
2. Count to five. The upper lip is a parasympathetic pressure point, so this provides a calming input.

Cool the Soup

1. Cup hands together in front of your face as if you are holding your favorite bowl of steamy soup.
2. Smell the soup through a long inhale through the nose then blow the soup via a long extended exhale out of the mouth.
3. Repeat several times.

Push Down the Wall

1. Find a sturdy wall and try to “push it down” with your hands. This provides deep pressure calming proprioceptive input.

Square Breathing

1. Visually locate a square in the room. No need to be near the square, just find it visually.
2. Hold a finger up in the air toward the square.
3. As you visually trace the square, count in the following way:
 - a. Trace across the top from left to right: Inhale for a count of four.
 - b. Trace down from top to bottom: Hold for a count of four.
 - c. Trace across the bottom from right to left: Exhale for a count of four.
 - d. Trace from bottom to top: Hold for a count of four.
 - e. Repeat as needed to calm.

REGULATION ACTIVITIES

Below are several activity ideas to teach and practice the concept of regulation. The primary goal with the following activities is to get the group's engine into the "red" and then do a calming activity to get them back into the "green."

Cotton Ball War

(Supplies: masking tape and cotton balls)

1. Use masking tape on the floor to divide the room into two sides.
2. Dump an equal number of cotton balls on each side, using the entire bag.
3. When you say "GO" the teams throw cotton balls across the masking tape line.
4. When you say "STOP" count how many cotton balls are on each side.
5. The team that has the fewest cotton balls left on their side wins.

Balloon Tennis

(Supplies: balloons and fly swatters)

1. Blow up balloons.
2. Divide into two teams.
3. Create a line with masking tape in the middle of the playing field.
4. Give each person a fly swatter.
5. Toss the players the balloons. The more balloons you add, the more complicated the game becomes.
6. You must hit the balloon to the other side of the line with your fly swatter.
7. If the balloon hits the ground on the other team's side, you get a point.

Fruit Basket Turnover

(Supplies: chairs)

1. Have participants sitting in a circle in chairs.
2. Give each participant a fruit name (Strawberry, Kiwi, Banana, etc).
3. One person in the middle yells the name of a fruit, and anyone with that fruit name must get up and switch seats, while the person in the middle tries to steal a seat.
4. The goal is to find a seat or else you are in the middle.

BIBLICAL FOUNDATION DISCUSSION

Further enhance your viewing and group conversations by discussing the scriptural basis for TBRI. This topic is detailed in the “Created to Connect” study guide. A video featuring Dr. Purvis explaining the resource and individual chapters can also be found on the Empowered to Connect [website](#). The “Created to Connect” study guide may also be downloaded in Spanish.

The following verses are featured in the guide and can be discussed among your attendees.

Then you will call, and the Lord will answer; You will cry for help, and he will say: “Here am I.” Isaiah 58:9 (NIV)

God is kind, but he’s not soft. In kindness he takes us firmly by the hand and leads us into radical life-change. Romans 2:4 (The Message)

I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. Psalm 139:14 (NIV)

Jesus said, “Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these.” Matthew 19:14 (NIV)

There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love. We love because he first loved us. 1 John 4:18-19 (NIV)

Fathers, don’t exasperate your children by coming down hard on them. Take them by the hand and lead them in the way of the Master. Ephesians 6:4 (The Message)

My command is this: Love each other as I have loved you. Greater love has no one than this: to lay down one’s life for one’s friends. John 15:12-13 (NIV)

The Lord is compassionate and gracious, slow to anger, abounding in love. Psalm 103:8 (NIV)

Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God. 2 Corinthians 1:4 (NIV)

ACTIVITY IDEAS FOR VIRTUAL HOSTING

- Change your background to a picture or place that represents how you are feeling as you process content.
- Create hand signals to respond to other participants’ thoughts and insights as they share (i.e. applause, thumbs up, etc.).
- Adjust the Starburst game by having each participant write down the color he or she chooses and share with the group. Then, ask the questions and have participants respond to the color they wrote.
- Rose, Thorn, Bud: Have everyone in the group share his or her “rose” (something for which he or she is thankful), a “thorn” (a challenge he or she is dealing with), and a “bud” (something he or she is currently looking forward to).

Promotional Materials AND MARKETING TIPS

We want your simulcast to be as successful as possible, and we know this success depends on equipping you to spread the word about your event to your community. We hope to equip you to serve your community well—whether virtually or in person. We’ve included some simple and effective ways to ensure everyone knows when and where your event will be happening.

To get you started, we’ve created flyers, posters, a video, bulletin inserts, tickets, and PowerPoint slides that can be customized to include your site’s location, contact information, and registration details. You can print or distribute these items to potential attendees via email or social media. All promotional materials are available for download [here](#).

We also encourage you to think outside the box as you promote your event. Other than the families in your church or served by your organization who could benefit from the content, there are likely others in your community who would also find it helpful. Teachers, counselors, children’s and youth ministers, court-appointed special advocate (CASA) volunteers, judges, healthcare professionals, therapists, and social workers serve many families and children impacted by adoption and/or foster care and could also be wonderful resources for the families you already know. Ask families to invite those who already provide services to their children. They can also provide contact information for you to reach out directly with details.

It may help to direct people who are not familiar with TBRI to introductory resources, such as the Overview of TBRI or Introduction to TBRI available on the [KPICD website](#). There are a number of free resources available on the [Empowered to Connect website](#) as well.

YouTube also features a number of [TBRI Portraits](#) of families and professionals impacted by this material (Visit YouTube.com and search for “TBRI Portraits.”). For example, when reaching out to a teacher, it can be helpful to include a brief video of another teacher sharing how he or she utilizes the conference content in his or her classroom as you share why you decided to bring the Hope for the Journey Conference broadcast to your community.

Technical Support

MAPS

As a Church/Organization host, your site can be listed on the [Show Hope](#) and in:ciite Events' websites. Please complete the form [here](#) if your site is not already listed. This is an easy way for attendees to find the closest location and reach out to you for details.

TECHNICAL SUPPORT

in:ciite Events will be streaming the event at the highest possible quality, but it is important for you to know that the quality you receive is dependent on your internet connection and the projection capability of your venue. We are unable to know what your Internet Service Provider (ISP) is capable of delivering to you or what type of system your venue is running. However, we can offer you some guidelines and tips to help you receive the highest quality possible.

1. Recommended Browsers

[Reference this list for recommended browsers.](#)

2. Test Your Speed

To check your actual download speeds, please visit www.speedtest.net. Click BEGIN TEST, and speedtest.net will AUTOMATICALLY test your speed and give you an accurate indication of your capacity.

The "download speed" number is the one that is important for your broadcast capability. Your network connection should sustain a download speed of 20 Mbps or greater.

Note: The quality you will see and receive is fully dependent on your internet connection and your equipment. It is highly recommended that only one computer be accessing the network during the broadcast.

DEDICATED CONNECTION

We recommend a dedicated internet connection for the computer you are using to download the stream. We also recommend that the connection be wired, not wireless.

Note: If you have limited bandwidth, more users accessing the same network will lead to slower download times and may degrade the performance of the stream.

NEWSLETTERS

in:ciite Events will be sending a "Know Before You Host" newsletter once per week to make you aware of important conference broadcast details. Please make sure you are receiving these newsletters and that you read them each week. If you have any additional contacts you would like to receive the newsletters, you can email info@inciite.com. It is important that the person you have chosen to oversee the technical aspects of the conference broadcast is receiving the newsletters.

TEST

Take advantage of the testing times provided to help ensure you discover any problematic issues ahead of the broadcast. A testing schedule will be provided to you in the weekly "Know Before You Host" newsletters, and tests will begin occurring in February. If you do not test, we cannot ensure your event will run smoothly.

SUPPORT DURING THE EVENT

in:ciite Events will provide support prior to the event as well as during the event. in:ciite Events also sends weekly newsletters to keep you updated on important information.

QUESTIONS?

If you have any questions in regard to the technical aspects of the conference broadcast, please feel free to contact in:ciite Events.

Phone or Chat: 888.235.7948

Email: info@inciite.com

www.inciiteevents.com: Instant chat

CONTINUING EDUCATION

The Empowered to Connect Conference was traditionally an opportunity for professionals to receive continuing education credits to use toward licensing requirements. While Show Hope has not wavered in its commitment to equipping all individuals who impact the life of a child, the Hope for the Journey Conference has become more focused on meeting the specific needs of parents and caregivers. **In light of this shift, Show Hope is no longer providing professional continuing education opportunities to viewers, although a host site may work with their state's accreditation organization to explore options for offering professional credit.** Interested professionals may also explore additional training opportunities in TBRI through the KPICD at TCU.

Certificates of training for foster and adoptive parents will continue to be made available.

TRAINING CERTIFICATES FOR ADOPTIVE AND FOSTER PARENTS

Parents in need of documentation for training or continuing education hours will receive one certificate at the end of your final viewing session. The conference host will need to sign the certificate, which is available in the Important Forms section of the leader's manual.

The parent will be responsible for noting which sessions were attended. It is at the discretion of each adoption agency to award credit for the conference. If an agency has questions about the conference content, they can contact Show Hope at hopeforthejourney@showhope.org.

EVENT REMINDERS

You made it! The Hope for the Journey Conference is almost here, and you are about to experience the fruit of your labor. Here are a few things to keep in mind as you begin your viewing schedule.

- The broadcast links will be emailed to all hosts on Monday, April 4. Viewings can begin April 8 through May 31.
- Contact in:ciite Events at 888.235.7948 (call or text), email info@inciite.com, or chat at inciiteevents.com with any technical concerns you have during your viewing.
- You can choose to stop and start the sessions before and after breaks as your group needs.
- Have certificates of training for adoptive and foster parents available at the end of the last session.
- Remind attendees to complete the evaluation form online through the conference [resources page](#).
- Hosts are welcome to complete this evaluation form, although you will also receive a separate survey from in:ciite Events regarding your hosting experience. It is extremely important that you complete this survey. Please count attendees each day, as the survey will request that information.
- Any resources mentioned during the event are likely included on Show Hope's [resource list](#). All are available through the KPICD, Show Hope's online store, or Amazon.
- Conference audio from the 2018 and 2019 Empowered to Connect Conferences and previous events is currently available at www.gumroad.com/showhope.
- Although the conference guidebook will not contain presentation slides, the majority of slides will be available on [Show Hope's Hope for the Journey Resources page](#).

AFTER THE CONFERENCE

Our sincere hope is that the Hope for the Journey Conference is the beginning of new relationships and opportunities in your community. We do not want the support to end with the conference. The doors that open can vary greatly and may be different than what you had in mind. We encourage you to explore the opportunities that are presented and meet the specific needs of the families around you.

Both Empowered to Connect and the KPICD offer additional training opportunities for parents and professionals. Please visit empoweredtoconnect.org to find a parent trainer near you or to learn more about becoming a parent trainer. To view a list of professionals trained in TBRI or to find details on attending a training, visit child.tcu.edu. Scholarships are available for multiple professional trainings each year. To be added to the interest list, please email contact@showhope.org

Another option is to begin meeting regularly with families who need to know they are not alone on their journeys. You can also consider hosting book discussions with families in your community. A list of recommended resources is available [here](#). The "Created to Connect" study guide is ideal for group study. The Empowered to Connect website also features a [parent discussion guide](#) for "The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind."

IMPORTANT FORMS

1. 2022 Attendance Certificate for Adoptive and Foster Parents PDF
2. [Evaluation Form](#) (Participants can fill out via the conference [Resources page](#).)



CERTIFICATE OF TRAINING

attended _____ hours of training

VIEWING DATES

If you attended in-person with a church or organization, please complete "Viewing Location" and "Host Signature."

VIEWING LOCATION

HOST SIGNATURE

Session/Module Title

☒ **If Attended**

An Introduction to TBRI® (1 Hour 20 Minutes) (Includes topical teaching on Adverse Childhood Experiences/ACEs)
Connecting Principles (1 Hour 20 Minutes) (Includes topical teaching on connecting with teens)
Empowering Principles (1 Hour 20 Minutes) (Includes topical teaching on sensory integration)
Correcting Principles (1 Hour 20 minutes) (Includes topical teaching on the IDEAL Response)
The Gospel + TBRI (1 Hour)

<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>

I certify that I have attended the indicated sessions:

(Signature)

(Date)

*Please submit this form to your adoption or foster care agency for approval and credit.
The number of credit hours awarded is at each agency's discretion.
Contact hopeforthejourney@showhope.org with any questions.*