

Trauma Competency Continuum for Faith Leaders & Communities

He heals the brokenhearted and binds up their wounds. — Psalm 147:3

Churches and faith communities have a unique opportunity to show the tangible love of God to those most vulnerable in their communities by taking active steps to move along the Trauma Competency Continuum. When a church or faith community becomes trauma informed, they are making a commitment to pursue hope, healing, and restoration through implementing compassionate, supportive policies and practices.



TRAUMA AWARE

Objective:
Increase Awareness

Become aware of the need for trauma informed care.



TRAUMA SENSITIVE

Objective:
Introduce Knowledge and Skills

Grow in knowledge and skills while exploring the principles of trauma informed care and how trauma impacts children and families.



TRAUMA RESPONSIVE

Objective:
Implement Change

Implement trauma informed principles and practices individually and organizationally.



TRAUMA INFORMED

Objective:
Integrate Practices

Fully integrate trauma informed principles and practices into the culture of a family and/or organization.

Phase language (i.e. trauma aware) is adopted from Missouri Department of Health and Partners (2014). Missouri Model: A developmental framework for trauma-informed.