Dear Hosts,

At Show Hope, we often say that adoption doesn’t end the day a child is welcomed home—the journey is just beginning. To that end, Show Hope launched its Empowered to Connect Conference in 2010 with the aim of equipping parents, caregivers, ministry leaders, and care professionals to better serve children impacted by adoption and foster care.

As the conference has taken shape over the years, Show Hope has been committed to evaluating its influence and reach. We have had the opportunity to hear from parents, ministry leaders, and professionals on the ever-changing, complex needs they face in serving children who have been impacted by early loss and trauma. Show Hope staff members also hold rich knowledge and experience with Trust-Based Relational Intervention® (TBRI®), and we continue to learn about new research, resources, and tools that align in scope with the concepts of connection, belonging, and security.

With this in mind, over the past several months, the Empowered to Connect Conference has been recast and retooled as the Hope for the Journey Conference with the aim of shepherding parents and caregivers to a deeper understanding of their children’s needs. By introducing robust resources and sharing practical experiences of successes and failures of the day-to-day, it is our prayer that parents and caregivers will leave encouraged as they continue to journey well with their children.

Whether you are an experienced host or this is your first Show Hope conference, we are honored you have chosen to bring Hope for the Journey to your community, and we want to do all we can to support you. This host guide provides general information about the event but is also designed to help you in leading discussions and encouraging participants in their unique needs as well as thinking through logistics of hosting in-person and virtually. If you have a need not addressed in this guide, please reach out to us at hopeforthetjourney@showhope.org.

The Show Hope team will be covering you and your attendees in prayer in the months ahead!

Sincerely,

Mary Beth and Steven Curtis Chapman
Founders
Show Hope

Emily Chapman Richards
Executive Director
Show Hope
<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>ABOUT HOPE FOR THE JOURNEY CONFERENCE</td>
<td>4</td>
</tr>
<tr>
<td>ABOUT SHOW HOPE</td>
<td>5</td>
</tr>
<tr>
<td>ABOUT OUR PARTNERS</td>
<td>6</td>
</tr>
<tr>
<td>ACKNOWLEDGEMENTS</td>
<td>7</td>
</tr>
<tr>
<td>LEARNING OBJECTIVES</td>
<td>10</td>
</tr>
<tr>
<td>AN INTRODUCTION TO TBRI</td>
<td>11</td>
</tr>
<tr>
<td>SCHEDULES</td>
<td>14</td>
</tr>
<tr>
<td>LOGISTICS</td>
<td>16</td>
</tr>
<tr>
<td>CONFERENCE GUIDE + NOTEBOOK</td>
<td>18</td>
</tr>
<tr>
<td>DISCUSSION + ACTIVITIES</td>
<td>19</td>
</tr>
<tr>
<td>PROMOTIONAL MATERIALS AND MARKETING TIPS</td>
<td>27</td>
</tr>
<tr>
<td>TECHNICAL SUPPORT</td>
<td>28</td>
</tr>
<tr>
<td>CONTINUING EDUCATION</td>
<td>29</td>
</tr>
<tr>
<td>EVENT REMINDERS</td>
<td>30</td>
</tr>
<tr>
<td>AFTER THE CONFERENCE</td>
<td>31</td>
</tr>
<tr>
<td>IMPORTANT FORMS</td>
<td>32</td>
</tr>
</tbody>
</table>
In an effort to address the knowledge barrier to adoption, Show Hope launched its Pre+Post Adoption Support work with the aim of further supporting children and families impacted by adoption and/or foster care through practical resources and tools for their journeys ahead.

Growing out of that desire, Show Hope premiered its Empowered to Connect Conference in August 2010. From the early days, Show Hope had the privilege of connecting and collaborating with Dr. Karyn Purvis—the co-founder of the Karyn Purvis Institute of Child Development at TCU and co-creator of Trust-Based Relational Intervention (TBRI)—as well as Michael and Amy Monroe, who co-authored “Created to Connect” with Dr. Purvis.

Today, more than 100,000 individuals have been impacted by more than 20 Empowered to Connect Conference events and simulcasts, reaching all 50 states and multiple countries around the globe.

In May 2020, building on this legacy, the Hope for the Journey Conference was introduced. Though the Empowered to Connect Conference has historically been a two-day event, the Hope for the Journey Conference moves to a one-day format to ensure the information is consumable and accessible by busy parents and caregivers meeting the everyday needs of children impacted by adoption and/or foster care. In an effort to make the conference more accessible to this audience, shared information is succinct and consumable in its delivery.

This year, we are excited to present five high-level learning modules with opportunities to go deeper into each topic. We are grateful to the many adult adoptees and foster and adoptive families for being willing to share with us through the “Practical Perspectives” videos, a new feature of this year’s conference. By incorporating their voices and highlighting their stories, our desire is for children and families impacted by foster care and adoption to be encouraged to find hope for their own journeys.

> **Learning Module 1: An Introduction to Trust-Based Relational Intervention (TBRI)**
> “Going Deeper” topic to include the importance of understanding ACEs.

> **Learning Module 2: Connecting Principles**
> “Going Deeper” topic to explore biological and adoptive sibling dynamics.

> **Learning Module 3: Empowering Principles**
> “Going Deeper” topic to unpack the need to acknowledge one’s own limitations and implement self-care strategies as a care provider.

> **Learning Module 4: Correcting Principles**
> “Going Deeper” topic feature a discussion of the challenges to and importance of finding rhythms to promote unity as parents during the day-to-day.

> **Learning Module 5: TBRI and the Gospel**
> “Going Deeper” topic to discuss the relational nature of God and the incarnation of Jesus as foundational cornerstones informing the efficacy of TBRI.

Special guests at the conference will include Show Hope Founders, Mary Beth and Steven Curtis Chapman, along with Executive Director, Emily Chapman Richards. Long-time affiliate organizations and partners, including the Karyn Purvis Institute of Child Development at TCU and Empowered to Connect, will also be sharing teaching, insight, and practical application aimed at parents and families.

Host sites will have access to certificates of completion for adoptive and foster care families to submit to their respective agencies. Unlike past years, though, professional continuing education will not be offered through Show Hope, but hosts will be able to submit information for approval with local or state accreditation organizations.

**INSIGHTS FROM PAST CONFERENCE PARTICIPANTS**

My husband and I are looking forward to implementing TBRI in our home and with all of our relationships. Thank you to all the presenters and resources this training provided. We feel ready and equipped to make an impact on our future children, as we are waiting to be adoptive parents.

Thank you for your work and investment, and for ensuring that we have access to this content even in these challenging times! God bless all of you in your work and ministry efforts!
Show Hope exists to care for orphans by engaging the Church and reducing barriers to adoption.

After having their own eyes and hearts opened to the needs of orphans around the world, Mary Beth and Steven Curtis Chapman founded Show Hope in 2003. Since then, Show Hope has worked to holistically approach adoption advocacy and orphan care by addressing three key barriers to adoption: the financial barrier, the medical barrier, and the knowledge barrier.

Through Adoption Aid grants, Show Hope has helped more than 6,800 children from more than 60 countries, including the U.S., come to know the love of a family. Through Medical Care grants, Show Hope helps families offset expenses related to caring for a child’s complex medical needs once home. Show Hope’s Pre+Post Adoption Support helps to bring hope and healing to children and families around the world with encouraging, practical, and research-based teachings and resources. Through its Student Initiatives program, Show Hope engages and mobilizes high school and college students in becoming agents of change in adoption advocacy and orphan care—not just in the future but today. And for nearly 15 years, Show Hope supported multiple Care Centers in China with an aim to provide care for children with acute medical and special needs—even building, furnishing, and supporting the flagship Care Center, Maria’s Big House of Hope, named in honor of their daughter Maria who is now with Jesus.
The Karyn Purvis Institute of Child Development (KPICD) is a program of the Department of Psychology in the TCU College of Science & Engineering in Fort Worth, Texas. Its mission is research, education, training, and outreach to improve the lives of children who have experienced abuse, neglect, and/or trauma. The KPICD's research and interventions are empowering parents, professionals, and students with trauma-informed strategies that improve outcomes for children and youth.

The KPICD was created as an outgrowth of the Hope Connection®, a research and intervention project developed in 1999 by Drs. Karyn Purvis and David Cross. The Hope Connection began as a summer camp for children who experienced early orphanage care. The results proved so remarkable, they sparked a compelling scientific and personal journey for Drs. Purvis and Cross. By the end of the first week and into the second week of camp, they saw dramatic changes in attachment, social competency with peers, and in language. These outcomes formed the empirical foundations for Trust-based Relational Intervention (TBRI) care (as in care model) a model for children from “hard places.”

Empowered to Connect (ETC) is an attachment-rich, community-focused program that exists to support, resource, and educate caregivers.

ETC's resources and trainings are especially helpful for caregivers of children who have experienced adverse childhood experiences (ACEs), toxic stress, and maltreatment. Building heavily upon TBRI, ETC fundamentally believes that every human being has great capacity to grow and overcome adversity when cared for in supportive, connected, and nurturing environments.

ETC relies heavily on the model of Trust Based Relational Intervention (TBRI) created by Drs. Karyn Purvis and David Cross at the KPICD at TCU.

In 2018, the ownership and program rights of ETC were transferred to the care of the Memphis Family Connection Center (MFCC), a holistic family care clinic based on the principles of TBRI. MFCC co-founders Mark and Tona Ottinger have been ETC parent trainers since 2010 and are deeply invested in ETC and supporting its continued growth for years to come.
Show Hope Founders
Mary Beth & Steven Curtis Chapman
Mary Beth and Steven Curtis Chapman founded Show Hope in 2003. Mary Beth is a “New York Times” bestselling author and speaker. Steven is a GRAMMY- and Dove award-winning singer/songwriter and recording artist with sales of more than 11 million records. The Chapmans were married in October 1984 and have six children—three children by birth, Emily Chapman Richards (married to Tanner and mom to three daughters Eiley, Della, and Verity); Caleb Chapman (married to Julia and dad to son Noble and daughter Olive); and Will Franklin Chapman (married to Jillian Edwards and dad to Willow Faye); and three daughters who were adopted from China, Shaohannah Hope, Stevey Joy, and Maria Sue, who is now with Jesus.

Show Hope Executive Director + Conference Teacher
Emily Chapman Richards
Emily Chapman Richards serves as Show Hope’s Executive Director. She has enjoyed watching Show Hope, a nationally recognized voice for adoption advocacy and orphan care support work, grow from a dream in her parents’ hearts to an organization that has helped thousands of children come to know the love of a family. After earning her bachelor’s in International Studies and Religion from Baylor University, Emily continued her education while living abroad, graduating from Queen’s University Belfast with a Masters of Theology. Emily is married to Tanner, and together, they are the proud parents to three beautiful ladies—Eiley, Della, and Verity. She is a visionary and a dreamer, and has long remained a passionate advocate for adoption and orphan care efforts.

Conference Teacher
Daren Jones
Daren Jones is the Director of Training and Consultation Services with the KPICD at TCU. In his role, Daren's main focus is instructing professionals in TBRI principles who are working with children impacted by trauma. Daren joined the KPICD in 2014 and has been integral in teaching and spreading TBRI across the U.S. and abroad. Daren earned his Bachelor's Degree in Social Work from the University of Arkansas at Fayetteville, and began his career as a behavior instructor in a therapeutic day treatment program for children and youth. After serving in this role, Daren obtained his Masters in Social Work from Spalding University in Louisville, Kentucky. He spent 12 years serving youth and families within residential and foster care settings before beginning his work with the KPICD. Today, he is currently pursuing a Ph.D. in Counseling & Counselor Education at TCU in Fort Worth, Texas, where he resides with his wife, Katie; daughter, Ruby; and son, Finn.

Conference Teacher
Amanda Purvis
Amanda Purvis is a Training Specialist with the KPICD at TCU. As a training specialist, Amanda’s main focus is instructing professionals in TBRI principles who are working with children who have experienced trauma. Amanda earned her Bachelor's Degree in Social Work from Metropolitan State University in Denver, Colorado. She began her career working in Child Protective Services as an intake worker. She then transitioned to foster care and post-adoption support, where she spent a decade of her career before beginning her work with the KPICD in December 2017. Today, Amanda lives in Castle Rock, Colorado, with her husband and five children, and their dog, Scout.
An Introduction to Trust-Based Relational Intervention (TBRI)
Ingrid Cockhren
Ingrid Cockhren knows first-hand how impactful trauma and toxic stress can be for children and families. She has dedicated her professional life to investigating and educating the public about the link between early trauma, early adversity, Adverse Childhood Experiences (ACEs), and possible negative outcomes across the lifespan. Ingrid graduated from Tennessee State University with a bachelor’s in psychology and Vanderbilt University’s Peabody College with a master’s in child studies specializing in minority and impoverished children. Ingrid is currently an adjunct professor specializing in Black psychology, developmental psychology, abnormal psychology and personality theory at Tennessee State University, and the TN/Midwest Regional Community Facilitator for ACEs Connection, a social network dedicated to rising awareness of adverse childhood experiences.

Connecting Principles | Jana Hunsley
Jana Hunsley is a PhD candidate in experimental psychology at the KPICD at TCU, a licensed clinical social worker (LCSW), a TBRI practitioner, and an advocate for foster and adoptive families. Her PhD research focuses on understanding and meeting the needs of every member of families impacted by adoption and/or foster care. Jana has a Master of Science in experimental psychology from TCU, a Master of Arts in social service administration from the University of Chicago, and a Bachelor of Science in psychology from Indiana Wesleyan University. Her passion for this work began as a teenager when her family adopted seven children through intercountry adoption.

Empowering Principles | Dr. Melody Aguayo
Dr. Melody Aguayo has a master’s in marriage and family therapy and a Ph.D. in psychology. She is the founder of Real Child Consulting, LLC, which specializes in providing coaching and training to parents and organizations that care-take children who are “at risk.” She has spoken at many notable locations including CAFO, City of Orphans, Vanderbilt Neurological Symposium, and others. She is also a parent of two children through adoption. Her personal journey has compelled her into a professional world she wasn’t planning on being a part of. She has a passion for helping families and children who are hurting turn their pain into purpose.

Correcting Principles | Mark and Tona Ottinger
As part of the Empowered to Connect team for more than 11 years, Mark and Tona Ottinger are committed to empowering parents, professionals, nonprofits, churches, and communities with the tools to create safe, attachment-rich spaces for children and families to thrive. In 2016, they co-founded the Memphis Family Connection Center (MFCC). MFCC is a nonprofit that provides holistic attachment-centered counseling, occupational therapy, speech therapy, parent mentoring, and integrated services to the family as a whole. Mark is a campus pastor at Fellowship Memphis Church and serves as Executive Director of MFCC. Tona is Program Director at MFCC as well as Director of Empowered to Connect. They are passionate about the gospel, restoration, justice, and empowering parents and children to live deep, connected lives with one another and the Lord. Mark and Tona have been married for 22 years and have six children.

The Gospel + TBRI | Scotty Smith
Scotty Smith is a graduate of The University of North Carolina, Westminster Theological Seminary (M.A.R.), and Covenant Theological Seminary (D. Min.). Scotty is founding pastor and pastor emeritus of Christ Community Church (CCC) in Franklin, Tennessee, where he pastored for 26 years. He presently serves as Teacher in Residence at West End Community Church, a daughter church of CCC. He also serves as adjunct faculty for Covenant Seminary in St. Louis, Missouri. Scotty has authored 10 books, including “Unveiled Hope,” “Objects of His Affection,” “Restoring Broken Things” (with Steven Curtis Chapman), “Everyday Prayers: 365 Days to Gospel-Centered Faith,” and “Every Season Prayers: Gospel-Centered Prayers for the Whole of Life.” Scotty also invests time mentoring corporate leaders as a coach, consultant, and encourager. Scotty and his wife of 48 years, Darlene, continue to live in Franklin.
An Introduction to Trust-Based Relational Intervention (TBRI)
Nina and Frazier Dyson
Dr. David Cross

Connecting Principles
Terri and Dan Coley
Tara VanderWoude

Empowering Principles
Anna and Jon Palmer
Dr. Devin DeLaughter

Correcting Principles
Glorya and DJ Jordan
Chelsea Sobolik

The Gospel + TBRI
Mary Beth and Steven Curtis Chapman
Joshua Christian Oswald

I thoroughly enjoyed this conference! I really, really appreciated the transparency and “realness” of the presenters. So often, trainers seem out of touch with ‘being in the trenches.’ They’ve forgotten what the day-in and day-out looks like.
Learning Objectives

OF THE HOPE FOR THE JOURNEY CONFERENCE

- To help understand the specific needs of the whole child; the principles of Connecting, Empowering, Correcting; and practical steps that can help children thrive.
- To provide an in-depth look at the impact of trauma on children, including effects on brain development, neurochemistry, sensory processing, attachment behaviors, and ability to self-regulate.
- To encourage parents to consider their own history, attachment style, and what role it may play in their child’s process of developing secure attachment.
- To provide a summary of attachment and key attachment research, focusing on the role of attachment as the foundation of the parent/child relationship. This conference will also focus on helping parents/caregivers understand how to rebuild and repair ruptured attachments for children who have experienced early trauma.
- To present an overview of how sensory processing and neurochemistry are affected in children who have experienced early trauma.
- To offer insights, strategies, and tools that are helpful for parents/caregivers in achieving effective behavioral change while promoting lasting connection and healing with their children.
- To help parents and caregivers see their children with eyes of compassion and to offer hope and encouragement as they journey well with their children.
Trust-Based Relational Intervention (TBRI) is an attachment-based, trauma-informed intervention that is designed to meet the complex needs of vulnerable children. TBRI uses Empowering Principles to address physical needs, Connecting Principles to meet attachment needs, and Correcting Principles to disarm fear-based behaviors. While the intervention is based on years of attachment, sensory processing, and neuroscience research, the heartbeat of TBRI is connection.

It was developed by Drs. Karyn Purvis and David Cross and originally described in their bestselling book, “The Connected Child: Bring Hope and Healing to Your Adoptive Family.” TBRI is used around the world in homes, residential treatment facilities, group homes, schools, camps, and orphanages.

You can learn more about TBRI and available resources by visiting the website of the Karyn Purvis Institute of Child Development (KPICD) at TCU, at child.tcu.edu or by viewing this overview video.

In 19 years of fostering and adopting and 15 years of teaching foster/adopt licensing classes, I have never experienced such an informed training that gets it! All of it. And things that can actually be done, tried, and used. The theories I’ve heard over and over are presented in new ways that connect and are impactful. I cannot say enough good about it. I will definitely recommend to everyone I encounter. You restore hope.
Show Hope is often asked why we have chosen to endorse and utilize TBRI. Emily Chapman Richards, Executive Director of Show Hope, outlines how the caregiving model aligns with the organization’s core values:

At the very core of who we are exists a deep desire and fundamental need for connection, belonging, and security found only within relationship. This eternal truth can be traced back to the very beginning of time.

“Then God said, ‘Let us make man in our image, after our likeness.’ … So God created man in his own image, in the image of God he created him; male and female he created them” (Genesis 1:26-27).

The mutual exchange of love between the Father, Son, and Spirit is imprinted on the human soul—we bear the Imago Dei, “image of God.” As the creation narrative unfolds, God reflects on his creation of Adam, remarking, “It is not good that man should be alone ...” (Genesis 2:18). God’s response to Adam’s solitude is the creation of Eve, Adam’s partner. The height of joy and depth of trust experienced through loving relationships and secure attachment are fundamentally God’s idea and God’s design.

More than 2,000 years later, we take our place in history longing for connection—remembering this foundational truth and holding onto this eternal hope for ourselves, for our neighbors, for our communities, and perhaps most importantly for our children. Yes, indeed, God created us to be in relationship—at peace within ourselves, with him, and with others. And yet, with the fall of mankind into sin, we now experience the pain of broken relationships and the vulnerability of isolation. This is the painful reality for many of the children Show Hope seeks to serve—children who have been orphaned.

It is not uncommon for children who come home through adoption and foster care to have had exposure to adverse childhood experiences such as abuse, trauma, loss, and/or neglect. As these children enter our families and our stories intertwine with theirs, tensions may surface. We must ask ourselves, How do we effectively communicate the truth of the gospel—an invitation into a forever relationship with Christ—to our children who may carry attachment injuries and associate belonging and connection with fear?

As scientific research expounds, our understanding of the human brain is only beginning to grasp the fullness and complexities of God’s design. And as only God could design, the human brain is pliable and can be rewired. Developmental psychologist and advocate for children Dr. Karyn Purvis once said, “Our children were harmed in relationship, and they will experience healing through nurturing relationships.” When we step into the journey of caring for children who have been impacted by early loss and trauma, an incredible invitation is extended. We have the opportunity to help rewrite the narrative ... to help lead our children to places of emotional, physical, and neurological healing by being the hands and feet of Christ.

Furthermore, by choosing to love children from difficult beginnings, we are afforded a front-row
seat as God’s miraculous work unfolds. Through the power of the Holy Spirit, the sacredness, beauty, and peace of Imago Dei is reimagined and reaffirmed as our children become at home within our love.

Surely, no one person could do this work alone or without the encouragement and support of a wider community. This is why Show Hope’s Pre+Post Adoption Support exists. We understand—as many of you do—that the adoption journey doesn’t end the day a child is welcomed home. Because of the difficult beginnings many of our children have experienced, we must work diligently to help them reimagine home and experience belonging and connection.

One tool we promote is TBRI, developed by Drs. Kayrn Purvis and David Cross from the Karyn Purvis Institute of Child Development at TCU. TBRI “is an attachment-based, trauma-informed intervention that is designed to meet the complex needs of vulnerable children.” At its core, TBRI works to promote trust and connection between caregivers and children by addressing physical and emotional needs while also disarming fear-based behavior.

And so, while TBRI may be perceived as clinical in nature as it involves the complexities of science, at Show Hope, we see TBRI as an expression of the gospel. In “Created to Connect: A Christian’s Guide to The Connected Child,” Dr. Karyn Purvis, with Michael and Amy Monroe, wrote, “The longing of the human heart is to connect and belong. We long to connect with our Creator, in whose image we have been made, and by God’s grace such a connection is possible. As relational beings we also have a deep need and desire to connect with those around us. One of the most important and meaningful human conditions is undoubtedly between a parent and child.”

Being made in the image and likeness of Christ—and this eternal truth—“See what kind of love the Father has given to us, that we should be called children of God; and so we are (1 John 3:1)—are the foundations that we, at Show Hope, continue to build upon as we work to care for orphans by engaging the Church and reducing barriers to adoption. We lock arms with countless parents, siblings, caregivers, professionals, church leaders, social workers, teachers, and coaches who continue to show up and show hope, day in and day out, to our children who desperately need our love.

To download a digital copy of “Created to Connect,” visit the conference Resources page.
This year’s conference will include five high-level learning modules based on the foundational principles of TBRI along with a new teaching component, The Gospel + TBRI. Embedded within each learning module will be a “Going Deeper” teaching video on a select topic, and also included will be two encouraging “Practical Perspectives” videos featuring the voices of adult adoptees and foster youth alumni as well as adoptive and foster parents.

Each host is able to decide how to present the content and how to organize breaks to best serve his/her group. Some example schedules are included below to provide ideas for how to organize your viewing.

Please keep in mind that we encourage the reinforcement of the conference teaching through providing breaks and healthy snacks.

**2021 HOPE FOR THE JOURNEY CONFERENCE MODULES**

- Learning Module 1: An Introduction to Trust-Based Relational Intervention (TBRI)
  - “Going Deeper” topic to include the importance of understanding ACEs.
- Learning Module 2: Connecting Principles
  - “Going Deeper” topic to explore biological and adoptive sibling dynamics.
- Learning Module 3: Empowering Principles
  - “Going Deeper” topic to unpack the need to acknowledge one’s own limitations and implement self-care strategies as a care provider.
- Learning Module 4: Correcting Principles
  - “Going Deeper” topic to feature a discussion of the challenges to and importance of finding rhythms to promote unity as parents during the day-to-day.
- Learning Module 5: The Gospel + TBRI
  - “Going Deeper” topic to discuss the relational nature of God and the incarnation of Jesus as foundational cornerstones informing the efficacy of TBRI.

*Each Learning Module is approximately 1 hour and 40 minutes.

**2021 EXAMPLE SCHEDULES**

**ONE-DAY SCHEDULE**

**DAY 1**
- Learning Module 1: An Introduction to Trust-Based Relational Intervention (TBRI)
- Learning Module 2: Connecting Principles
- Learning Module 3: Empowering Principles
- Learning Module 4: Correcting Principles
- Learning Module 5: The Gospel + TBRI

**TWO-DAY SCHEDULE**

**DAY 1**
- Learning Module 1: An Introduction to Trust-Based Relational Intervention (TBRI)
- Learning Module 2: Connecting Principles
- Learning Module 3: Empowering Principles

**DAY 2**
- Learning Module 4: Correcting Principles
- Learning Module 5: The Gospel + TBRI
FIVE-WEEK SCHEDULE

WEEK 1
• Learning Module 1: An Introduction to Trust-Based Relational Intervention (TBRI)
• “Going Deeper” topic to include the importance of understanding ACEs.

WEEK 2
• Learning Module 2: Connecting Principles
• “Going Deeper” topic to explore biological and adoptive sibling dynamics.

WEEK 3
• Learning Module 3: Empowering Principles
• “Going Deeper” topic to unpack the need to acknowledge one’s own limitations and implement self-care strategies as a care provider.

WEEK 4
• Learning Module 4: Correcting Principles
• “Going Deeper” topic to feature a discussion of the challenges to and importance of finding rhythms to promote unity as parents during the day-to-day.

WEEK 5
• Learning Module 5: The Gospel + TBRI
• “Going Deeper” topic to discuss the relational nature of God and the incarnation of Jesus as foundational cornerstones informing the efficacy of TBRI.
There are several decisions to make after you decide to host the Hope for the Journey Conference.

**LOCATION FOR HOSTING**
- Churches are often great sites because many are prepared with seating, screens, and audio equipment to make streaming as easy as possible.
- Previous Empowered to Connect Simulcast hosts have also used schools, hospitals, adoption agencies, community centers, and homes.
- Other considerations:
  - Number of seats available
  - Option to utilize tables
  - Comfort level
  - Restroom access
  - Nearby dining options, if needed

*Due to the impact of COVID-19, in-person hosting may not be an option for your community. Tips for hosting virtually can be found on page 12, 26.

**PRICING**
Many sites choose to sell tickets to offset some of their expenses while others offer the event as a gift to their community. When considering pricing, think through other possible expenses such as event space rentals, snacks, or beverages.

The average registration price charged by host sites for attendees in previous years has been between $10-$30.

**REGISTRATION**
Although Show Hope and in:ciite Events do not provide an online registration tool for you to use, but there are a number of tools that we recommend:
- Eventbrite
- Brown Paper Tickets
- Brushfire

**TABLES**
In years past, the Hope for the Journey Conference has utilized tables for attendees rather than theater-style seating. Tables can make it easier for attendees to take notes and better support learning. They also allow coordinators to provide fidgets and candy to meet sensory needs and help keep viewers engaged. Items that may be considered for the tables include stress balls, squeeze toys, tangle toys, putty, slinkys, bubblegum, and candy. Tables are also helpful for encouraging conversation among attendees and fostering an environment that allows attendees to connect with others who can continue to support and encourage them. If you choose to use tables at your viewing, you can also use them to distribute materials, such as workbooks, pens, and name tags.

*With COVID-19 and its impacts, consider the space between tables, how many individuals are at each table, the sharing of items on tables, and providing hand sanitizers at each table.

**CHILDCARE**
Though there is no expectation for a site to provide childcare during the simulcast, some sites have chosen to make it available. While there are a number of considerations related to this possibility, including childcare providers, location, liability concerns, cost, and registration, choosing to offer a childcare option may make it easier for parents to participate.

*Again, with COVID-19 and its impacts, follow your church or organization’s guidelines for childcare.
Last year, the children’s directors from several churches in our community came together to help organize an event for the children while the parents were in the Empowered to Connect Conference simulcast. On top of that, they brought in TBRI-trained counselors to minister to the children and help teach some of the workers at the same time. The event tripled in size from the previous year. For 2018, we are putting together the same type of program for the children, but offering both simulcasts. The first opportunity is going to be for the parents and the second is going to be for social workers, teachers, and parents who were not able to participate in the first viewing.

CLOSED CAPTIONING
The option of providing the video content with closed-captioning may be available. Please contact in:ciite Events for additional details at info@inciite.com.

HOSTING VIRTUALLY
For this year’s conference, you may be opting to host virtually. If so, we have highlighted tips and ideas to keep in mind as you plan and prepare for hosting.

- Consider creating a microsite where participants can easily access the resources needed to follow this year’s Hope for the Journey Conference (i.e. the Conference Guide + Notebook, schedule, speaker bios, etc.). A microsite allows you to customize based on your group's needs, or you can always direct participants to Show Hope’s Hope for the Journey Resources page.

- Plan ahead for any potential technical difficulties or external distractions your participants may experience. First, ensure everyone has a strong WiFi signal or access to one. Depending on what app (i.e. Zoom, Microsoft Teams, Google Meet, etc.) you are using, participants should be comfortable with it ahead of your scheduled conference time(s). Remind participants to carve out an uninterrupted space as much as possible (i.e. silence cell phones, turn off email notifications, etc.). Along with that, as the host, make sure you are familiar and comfortable with the app’s features, controls, and so forth (i.e. muting/unmuting options, chat capabilities, etc.).

- Coordinate a plan for communication during your scheduled conference viewing window(s) in case technical issues arise. Be sure to familiarize yourself, as the host, with the Technical Support section of this manual (see page 28).

- Take advantage of opportunities for breaks. If you are viewing the conference on the one-day schedule, natural breaks will occur between each learning module. Encourage participants to stretch, hydrate, and fuel up on snacks during those windows. Sixty- to 90-minutes is the average time an individual can successfully engage and be participative. After that, breaks are needed.

- Incorporate times for interactions, whether it is a group activity or a time of question-and-answer. Reference the Activities section in the host manual for ideas on creating a meaningful experience for your group (see page 23).

POST-CONFERENCE PREPARATION
Most importantly, we encourage you to begin to plan now for what happens after the Hope for the Journey Conference. We believe the most effective events occur where there are tools and support in place post-conference as participants begin to process their own histories and implement new strategies into their families or practices.

Though ideas will be discussed later in this manual, it is important to consider the needs of your community and the resources already available. Start by developing a resource list and network with local organizations and professionals currently serving children and families impacted by adoption and/or foster care. This will help you see where there are resources in place and where there are gaps. You can then begin to think through the role you, your church, or your organization can play in meeting those specific needs.
Show Hope recommends that each participant or family has access to a Hope for the Journey Conference Guide + Notebook. This guidebook is an added resource to enhance the learning experience.

**Guidebook includes:**

- Key takeaways from each of the five learning modules
- Practical application activities
- Space to record notes

Church/organization hosts will receive 30 copies of the guidebook by the end of March. A digital copy of the guidebook will be made available to church/organization hosts through the Hope for the Journey Resources page. These can be printed or viewed online during the event. Please contact hopeforthejourney@showhope.org for additional details.
An element of the event that a number of hosts have requested in previous years is time for discussion among attendees. The previous schedule had limited opportunities for connection between guests, but we are hopeful the format of the Hope for the Journey Conference offers the flexibility and time needed.

The discussion and activity guide below offers suggestions for small group discussion and games to reinforce what is taught in the conference. Based on the size and needs of your group, you can choose the activities that will work best in your context. It is divided by topic, which offers additional flexibility for your schedule. If you are hosting virtually, consider utilizing virtual breakout rooms for smaller group discussions.

Many thanks to the team at Empowered to Connect for their work on this guide.

AN INTRODUCTION TO TBRI

RISK FACTORS
1. Difficult pregnancy
2. Difficult birth
3. Early hospitalization
4. Abuse
5. Neglect
6. Impacts of institutional care
   • Which of those risk factors have a child/children in your care experienced?
   • How does considering the potential impact of those risk factors change the way you view their behavior?

TRAUMA
• How does the following thought change the way you view your role as a caregiver? 
   Children who have experienced relational trauma will experience healing through safe, nurturing relationships. — Dr. Karyn Purvis

IMPACT OF RISK FACTORS

THE 5 Bs
• Brain
• Biology
• Body
• Behavior
• Beliefs
• When thinking about the “5 Bs,” which ones do you see impacted by your child’s history?
• How does considering those impacts through a trauma lens inform the way you respond and care for your child?

BRAIN
• Share a time when you misinterpreted a child’s behavior as willful defiance or disobedience when in fact they were experiencing stress and therefore stuck in their downstairs brain, unable to access their upstairs thinking brain? How did you respond? How did they react to that response? How could you respond next time while keeping the brain in mind?

CONNECTING PRINCIPLES

CONNECTING
• What gets in the way of you connecting with the children in your care?

• Do you find it difficult to see beyond a child’s behavior and recognize the underlying need being expressed? Why or why not?

ATTACHMENT
• When thinking about the attachment cycle, how has a child in your care missed the benefit of a healthy attachment foundation? What are some needs that might have gone unmet for them?

• Why is the caregiver’s attachment style important for the child?

• We often talk about attachment as a dance between the child and the caregiver. What are some ways you have seen your own history get in the way of your relationship?

• What issues or hurts from your past might you need to reflect on and make sense of in order to be more emotionally present for your child?

• What does “being fully present” mean to you?
FEAR
- What evidence of fear-driven behaviors or responses have you seen in your child?
- What triggers a fear response in your child?
- Does your child typically respond to fear or stress with a fight, flight, or freeze response? How do you typically respond to your child’s response?

FELT SAFETY
There is a profound difference in being safe and feeling safe.
- Some children have chronically lived in survival mode and never experienced “felt safety.” Can you think of a time when you were safe but you didn’t feel that way? (It can be either emotional or physical.)

BALANCE OF NURTURE AND STRUCTURE
- Growing up, did your parents place more emphasis on structure or nurture? What influence does this have on the way you parent?
- Part of building felt safety and connection is keeping a balance of nurture and structure. We typically lean toward being either high nurture or high structure. Are you naturally more structured or more nurturing?
- What is a practical step you can take to gain a better balance?
- Share an example of when your child might have needed one type of engagement (nurture or structure) and you responded with the other. What was the result for them? What was the result for you?
- Are there ways your child needs to be nurtured based on their developmental age (not chronological age) that you don’t feel comfortable providing?

PLAY
- What do you enjoy doing for fun? What does your child enjoy doing? How can you engage your child intentionally around his/her play style/interests?

EMPOWERING PRINCIPLES
SENSORY
Sensory processing is how the body receives, organizes, and responds to input from the senses (input comes from the environment as well as from within the body).
- What are some of your own sensory sensitivities? (For example: tags on shirts, loud noises, certain smells, etc.)
- What sensory processing needs have you seen in your child? Which ones have you found it hard to understand and respond to?
- Share a time when you might have misinterpreted those needs as bad behavior or inflexibility?
- What are some ways you can modify your environment to support your child’s sensory needs? (For example: lights, smells, noise, sensory-rich environments)

MANAGING TRANSITIONS
- What are some transitions your child struggles with?
- What strategies can you use to support your child in making these transitions successfully?

HYDRATION/NUTRITION
- Is food a struggle in your home?
- Do you see any fear-based behaviors in your child that are connected to food?
- What is an action step you can take to better support your child’s hydration, nutrition, and felt safety in regard to food?

CORRECTING PRINCIPLES
PRACTICE OUTSIDE THE MOMENT
- What are some common situations that tend to lead to behavioral challenges or conflict in your family?
- How could you “practice outside the moment” to help create a new pattern of behavior or interaction—for both you and your child?
IDEAL RESPONSE

I - Immediate (three seconds or less)

D - Direct (close proximity, gentle eye contact, mindful of tone of voice, “Engagement Strategies”)

E - Efficient (correct level of response)

A - Action Based (helping the child learn and accomplish the desired behavior, “try it again,” TBRI Behavioral Scripts)

L - Leveled at the Behavior (not the child)

• Which of the IDEAL elements do you typically do well?

• Which do you struggle with and why? What are some specific ways you can become more “efficient” in how you respond to your child’s needs and behavior?

RE-DO

• What behaviors does your child exhibit that might be engaged by a “re-do?” Discuss in detail how you could use the “re-do” strategy to address the behavior.

• Why is it sometimes difficult to offer children “re-dos?”

LEVELS OF RESPONSE

LEVEL 1 - Playful Engagement:

SITUATION: Low-level, disrespect, speaking out of turn, interrupting
GOAL: Re-do, muscle memory, active playful learning

LEVEL 2 - Structured Engagement:

SITUATION: Higher level, no physical threat or danger
GOAL: Provide “compromises” or “choices”

LEVEL 3 - Calming Engagement:

SITUATION: Elevated to the point where the child needs support and help to regulate and calm
GOAL: Provide opportunities and support to calm and regulate

LEVEL 4 - Proactive Engagement:

SITUATION: Active threat of physical harm or danger
GOAL: Provide safety for all involved

• Do you find that you overreact or underreact to behavior that, on the surface, you once viewed as defiant but now understand is, at its root, an unmet need being expressed? What contributes to your reaction?

• When thinking about playful engagement, what are some barriers and/or misconceptions about using this strategy to help meet needs expressed through your child’s behavior? Do you find it difficult to respond playfully?

• Share an example of when you could use “choices” (offering two appropriate choices equally agreeable to you as the parent/caretaker) to redirect a behavior you see in your child.

• Share an example of when you could use “compromises” to give your child a voice as you respond to a need being expressed through their behavior.

• When thinking about “calming engagement” what helps you regulate and calm? What helps your child regulate and calm? How can you support regulation when they are struggling?

• Share an example of a time when you responded punitively when your child might have needed your support to regulate.
THE GOSPEL + TBRI

God created us to be in relationship—at peace within ourselves, with him, and with others. And yet, with the fall of mankind into sin, we now experience the pain of broken relationships and the vulnerability of isolation. This is the painful reality for many children who have been impacted by abuse, trauma, loss, and/or neglect.

However, as only God could design, the human brain is pliable and can be rewired. Dr. Karyn Purvis once said, “Our children were harmed in relationship, and they will experience healing through nurturing relationships.” When we step into the journey of caring for children who have been impacted by early loss and trauma, an incredible invitation is extended. We have the opportunity to help rewrite the narrative ... to help lead our children to places of emotional, physical, and neurological healing by being the hands and feet of Christ.

As we have seen, at its core, TBRI works to promote trust and connection between caregivers and children by addressing physical and emotional needs while also disarming fear-based behavior. And, so, while TBRI may be perceived as clinical in nature as it involves the complexities of science, at Show Hope, we also see TBRI as an expression of the gospel of Jesus Christ. In “Created to Connect: A Christian’s Guide to The Connected Child,” Dr. Karyn Purvis, with Michael and Amy Monroe, wrote, “The longing of the human heart is to connect and belong. We long to connect with our Creator, in whose image we have been made, and by God’s grace such a connection is possible. As relational beings we also have a deep need and desire to connect with those around us. One of the most important and meaningful human conditions is undoubtedly between a parent and child.”
ICE BREAKER ACTIVITIES

Starburst Game
1. Break the group up into the corners of the room according to their favorite Starburst color.
2. Have each color answer the following questions:
   - **Red** - The best trip you have ever been on or a dream vacation
   - **Yellow** - Interesting fact about you or a hidden talent
   - **Orange** - Your theme song or your favorite genre of music
   - **Pink** - A bucket list item you want to check off or bucket list item you've already checked off

Name Game Dance
1. Go around the circle and say your name with a dance move. (Example: Sam and spin around)
2. Then the group repeats the name and the dance move. (Example: Sam and spin around)
3. The next person does the same. (Example: Sally and clap hands)
4. Then the whole group repeats from the first person. (Example: Sam while spinning, Sally while clapping)
5. Then the third person adds their name and dance move.
6. Start back from the first person and continue repeating the names as you go around the circle, creating a “dance” with all the moves. So, if you have 10 people you will go back to the first person adding each additional person, one at a time, for a total of 10 times.

Alliteration Favorites
1. Go around the circle and say your name along with one of your favorite things that starts with your letter.
2. The group repeats it. (Ex. “I'm Anna, and I love apples!” and the group says “This is Anna, and she loves apples!”)
CALMING ACTIVITIES

Magic Mustache
1. Press your pointer finger up against the upper lip like a mustache.
2. Count to five. The upper lip is a parasympathetic pressure point, so this provides a calming input.

Cool the Soup
1. Cup hands together in front of your face as if you are holding your favorite bowl of steamy soup.
2. Smell the soup through a long inhale through the nose then blow the soup via a long extended exhale out of the mouth.
3. Repeat several times.

Push Down the Wall
1. Find a sturdy wall and try to “push it down” with your hands. This provides deep pressure calming proprioceptive input.

Square Breathing
1. Visually locate a square in the room. No need to be near the square, just find it visually.
2. Hold a finger up in the air toward the square.
3. As you visually trace the square, count in the following way:
   a. Trace across the top from left to right: Inhale for a count of four.
   b. Trace down from top to bottom: Hold for a count of four.
   c. Trace across the bottom from right to left: Exhale for a count of four.
   d. Trace from bottom to top: Hold for a count of four.
   e. Repeat as needed to calm.
REGULATION ACTIVITIES

Below are several activity ideas to teach the concept of regulation. The primary goal with the following activities is to get the group's engine into the “red” and then do a calming activity to get them back into the “green.”

Cotton Ball War
(Supplies: masking tape and cotton balls)
1. Use masking tape on the floor to divide the room into two sides.
2. Dump an equal number of cotton balls on each side, using the entire bag.
3. When you say “GO” the teams throw cotton balls across the masking tape line.
4. When you say “STOP” count how many cotton balls are on each side.
5. The team that has the fewest cotton balls left on their side wins.

Balloon Tennis
(Supplies: balloons and fly swatters)
1. Blow up balloons.
2. Divide into two teams.
3. Create a line with masking tape in the middle of the playing field.
4. Give each person a fly swatter.
5. Toss the players the balloons. The more balloons you add, the more complicated the game becomes.
6. You must hit the balloon to the other side of the line with your fly swatter.
7. If the balloon hits the ground on the other team's side, you get a point.

Fruit Basket Turnover
(Supplies: chairs)
1. Have participants sitting in a circle in chairs.
2. Give each participant a fruit name (Strawberry, Kiwi, Banana, etc).
3. One person in the middle yells the name of a fruit, and anyone with that fruit name must get up and switch seats, while the person in the middle tries to steal a seat.
4. The goal is to find a seat or else you are in the middle.
BIBLICAL FOUNDATION DISCUSSION

Further enhance your viewing and group conversations by discussing the scriptural basis for TBRI. This topic is detailed in the “Created to Connect” study guide. A video featuring Dr. Purvis explaining the resource and individual chapters can also be found on the Empowered to Connect website. The “Created to Connect” study guide may also be downloaded in Spanish.

The following verses are featured in the guide and can be discussed among your attendees.

Then you will call, and the Lord will answer; You will cry for help, and he will say: “Here am I.” Isaiah 58:9 (NIV)

God is kind, but he’s not soft. In kindness he takes us firmly by the hand and leads us into radical life-change. Romans 2:4 (The Message)

I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. Psalm 139:14 (NIV)

Jesus said, “Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these.” Matthew 19:14 (NIV)

There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love. We love because he first loved us. 1 John 4:18-19 (NIV)

Fathers, don’t exasperate your children by coming down hard on them. Take them by the hand and lead them in the way of the Master. Ephesians 6:4 (The Message)

My command is this: Love each other as I have loved you. Greater love has no one than this: to lay down one’s life for one’s friends. John 15:12-13 (NIV)

The Lord is compassionate and gracious, slow to anger, abounding in love. Psalm 103:8 (NIV)

Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God. 2 Corinthians 1:4 (NIV)

ACTIVITY IDEAS FOR VIRTUAL HOSTING

• Change your background to a picture or place that represents how you are feeling as you process content.
• Create hand signals to respond to other participants’ thoughts and insights as they share (i.e. applause, thumbs up, etc.).
• Adjust the Starburst game by having each participant write down the color he or she chooses and share with the group. Then, ask the questions and have participants respond to the color they wrote.
• Rose, Thorn, Bud: Have everyone in the group share his or her “rose” (something for which he or she is thankful), a “thorn” (an issue he or she is dealing with), and a “bud” (something he or she is currently looking forward to).
Promotional Materials
AND MARKETING TIPS

We want your simulcast to be as successful as possible, and we know this success depends on equipping you to spread the word about your event to your community. While gathering together looks different for many of us this year, we hope to equip you to serve your community well—whether virtually or in person. We’ve included some simple and effective ways to ensure everyone knows when and where your event will be happening.

To get you started, we’ve created flyers, posters, a video, bulletin inserts, tickets, and PowerPoint slides that can be customized to include your site’s location, contact information, and registration details. You can then print or distribute these items to potential attendees via email or social media. All promotional materials are available for download here.

We also encourage you to think outside the box as you promote your simulcast event. Other than the families in your church or served by your organization who could benefit from the simulcast content, there are likely others in your community who would also find it helpful. Teachers, counselors, children’s and youth ministers, court-appointed special advocate (CASA) volunteers, judges, healthcare professionals, therapists, and social workers serve many families and children impacted by adoption and/or foster care and could also be wonderful resources for the families you already know. Ask families to invite those who provide services to their children already. They can also provide contact information for you to reach out directly with details.

It may help to direct people who are not familiar with Empowered to Connect or TBRI to introductory resources, such as the Overview of TBRI or Introduction to TBRI available on the KPICD website. There are a number of free resources available on the Empowered to Connect website as well.

YouTube also features a number of TBRI Portraits of families and professionals impacted by this material. For example, when reaching out to a teacher, it can be helpful to include a brief video of another teacher sharing how he or she utilizes the conference content in his or her classroom as you share why you decided to bring the Hope for the Journey Conference broadcast to your community.

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I am the director of a faith-based preschool, and we began implementing some of the ETC and TBRI principles several years ago, with the simulcast as our primary training for staff. Because we focus on relationship and connection first, we have found that our classroom dynamics are healthier, staff relations are better, and even the public school recommends our center to families looking for care. Everyone with humans in their sphere of influence would benefit from these strategies. Thank you for all you do to make this available to those of us that want to make a difference in the lives of families.
MAPS
As a Church/Organization host, your site can be listed on the Show Hope and in:ciite Events’ websites. Please complete the form here if your site is not already listed. This is an easy way for attendees to find the closest location and reach out to you for details.

TECHNICAL SUPPORT
in:ciite Events will be streaming the event at the highest possible quality, but it is important for you to know that the quality you receive is dependent on your internet connection and the projection capability of your venue. We are unable to know what your Internet Service Provider (ISP) is capable of delivering to you or what type of system your venue is running. However, we can offer you some guidelines and tips to help you receive the highest quality possible.

1. Recommended Browsers
Reference this list for recommended browsers.

2. Test Your Speed
To check your actual download speeds, please visit www.speedtest.net. Click BEGIN TEST, and speedtest.net will AUTOMATICALLY test your speed and give you an accurate indication of your capacity.

The “download speed” number is the one that is important for your broadcast capability. Your network connection should sustain a download speed of 20 Mbps or greater.

Note: The quality you will see and receive is fully dependent on your internet connection and your equipment. It is highly recommended that only one computer be accessing the network during the broadcast.

DEDICATED CONNECTION
We recommend a dedicated internet connection for the computer you are using to download the stream. We also recommend that the connection be wired, not wireless.

Note: If you have limited bandwidth, more users accessing the same network will lead to slower download times and may degrade the performance of the stream.

NEWSLETTERS
in:ciite Events will be sending a “Know Before You Host” newsletter once per week to make you aware of important conference broadcast details. Please make sure you are receiving these newsletters and that you read each week. If you have any additional contacts you would like to receive the newsletters, you can email info@inciite.com. It is important that the person you have chosen to oversee the technical aspects of the conference broadcast is receiving the newsletters.

TEST
Take advantage of the testing times provided to help ensure you discover any problematic issues ahead of the broadcast. A testing schedule will be provided to you in the weekly “Know Before You Host” newsletters, and tests will begin occurring in February. If you do not test, we cannot ensure your event will run smoothly.

SUPPORT DURING THE EVENT
in:ciite Events will provide support prior to the event as well as during the event. in:ciite Events also sends weekly newsletters to keep you updated on important information.

QUESTIONS?
If you have any questions in regard to the technical aspects of the conference broadcast, please feel free to contact in:ciite Events.

Phone or Chat: 888.235.7948
Email: info@inciite.com
www.inciiteevents.com: Instant chat
CONTINUING EDUCATION

The Empowered to Connect Conference was traditionally an opportunity for professionals to receive continuing education credits to use toward licensing requirements. While Show Hope has not wavered in its commitment to equipping all individuals who impact the life of a child, the Hope for the Journey Conference has become more focused on meeting the specific needs of parents and caregivers. In light of this shift, Show Hope is no longer providing professional continuing education opportunities to viewers, though a host site may work with their state’s accreditation organization to explore options for offering professional credit. Interested professionals may also explore additional training opportunities in TBRI through the KPICD at TCU.

Certificates of training for foster and adoptive parents will continue to be made available.

TRAINING CERTIFICATES FOR ADOPTIVE AND FOSTER PARENTS

Parents in need of documentation for training or continuing education hours will receive one certificate at the end of your final viewing session. The conference host will need to sign the certificate, which is available in the Important Forms section of the manual.

The parent will be responsible for noting which sessions were attended. It is at the discretion of each adoption agency to award credit for the conference. If an agency has questions about the conference content, they can contact Show Hope at hopeforthejourney@showhope.org.

I’ve been wanting to attend for several years now and it far exceeded my expectations. I’m not a parent but am finding myself seeking opportunities to be with kids and use what I’ve learned. I work as an adoption caseworker and feel this is SO applicable and needed for each of our little ones. It really has changed the way I see interactions within families and my understanding of what a child really needs. I can’t wait to share this with the families we work with.
You made it! The Hope for the Journey Conference is almost here, and you are about to experience the fruit of your labor. Here are a few things to keep in mind as you begin your viewing schedule.

- The broadcast links will be emailed to all hosts on Monday, April 5. Viewings can begin April 9 through May 31.
- Contact in:ciite Events at 888.235.7948 (call or text), email info@inciite.com, or chat at inciiteevents.com with any technical concerns you have during your viewing.
- You can choose to stop and start the sessions before and after breaks as your group needs.
- Have certificates of training for adoptive and foster parents available at the end of the last session.
- Remind attendees to complete the evaluation form online through the conference resource page.
- Hosts are welcome to complete this evaluation form, although you will also receive a separate survey from in:ciite Events regarding your hosting experience. It is extremely important that you complete this survey. Please count attendees each day, as the survey will request that information.
- Any resources mentioned during the event are likely included on Show Hope’s resource list. All are available through the KPICD, Show Hope’s online store, or Amazon.
- Conference audio from the 2018 and 2019 Empowered to Connect Conferences and previous events is currently available at www.gumroad.com/showhope.
- Though the conference guidebook will not contain presentation slides, the majority of slides will be available on Show Hope’s Hope for the Journey Resources page.
After the Conference

Where are we now post-simulcast? We have been asked to lead some training at a local agency. Families are already inquiring about our fall Empowered to Connect parent class and we will need to offer multiple classes. We are excited that more families in the pre-adoption stage have asked about our ETC Prepare course. We have had several school counselors and teachers who attended the simulcast ask if we could help them think through how to implement ETC tools into their classroom.

Our sincere hope is that the Hope for the Journey Conference is the beginning of new relationships and opportunities in your community. We do not want the support to end with the conference. The doors that open vary greatly and may be different than what you had in mind. We encourage you to explore the opportunities that are presented and meet the specific needs of the families around you.

Both Empowered to Connect and the KPICD offer additional training opportunities for parents and professionals. Please visit empoweredtoconnect.org to find a parent trainer near you or to learn more about becoming a parent trainer. To view a list of professionals trained in TBRI or to find details on attending a training, visit child.tcu.edu. Scholarships are available for multiple professional trainings each year. To be added to the interest list, please email contact@showhope.org

Another option is to begin meeting regularly with families who need to know they are not alone on their journeys. You can also consider hosting book discussions with families in your community. A list of recommended resources is available here. The “Created to Connect” study guide is ideal for group study. The Empowered to Connect website also features a parent discussion guide for “The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child’s Developing Mind.”

Important Forms

1. 2021 Attendance Certificate for Adoptive and Foster Parents PDF
2. Evaluation Form (Participants can fill out via the conference Resources page.)
CERTIFICATE OF TRAINING

attended _______ hours of training

VIEWING DATES

If you attended in-person with a church or organization, please complete “Viewing Location” and “Host Signature.”

VIEWING LOCATION

HOST SIGNATURE

Session/Module Title

<table>
<thead>
<tr>
<th>Session/Module Title</th>
<th>If Attended</th>
</tr>
</thead>
<tbody>
<tr>
<td>An Introduction to TBRI® (1 Hour 40 Minutes)</td>
<td>✔</td>
</tr>
<tr>
<td>(Includes topical teaching on Adverse Childhood Experiences/ACEs)</td>
<td></td>
</tr>
<tr>
<td>Connecting Principles (1 Hour 40 Minutes)</td>
<td>✔</td>
</tr>
<tr>
<td>(Includes topical teaching on sibling dynamics)</td>
<td></td>
</tr>
<tr>
<td>Empowering Principles (1 Hour 40 Minutes)</td>
<td>✔</td>
</tr>
<tr>
<td>(Includes topical teaching on self-care strategies)</td>
<td></td>
</tr>
<tr>
<td>Correcting Principles (1 Hour 40 minutes)</td>
<td>✔</td>
</tr>
<tr>
<td>(Includes topical teaching on promoting unity in co-parenting)</td>
<td></td>
</tr>
<tr>
<td>The Gospel + TBRI (1 Hour)</td>
<td>✔</td>
</tr>
</tbody>
</table>

I certify that I have attended the indicated sessions:

(Signature) (Date)

Please submit this form to your adoption or foster care agency for approval and credit. The number of credit hours awarded is at each agency’s discretion. Contact hopeforthejourney@showhope.org with any questions.